All-Day Workshop

Cultural Diversity & Mental Health Care

May 30th, 2015

Registration Online at: https://cme.utsouthwestern.edu/content/rp1505A

Registration: $100

Students, Residents, & Fellows: $20

(UT Southwestern Nurses are Complimentary, but must register)

LOCATION:
UT Southwestern Medical Center
5323 Harry Hines Blvd
Dallas, TX 75390
(See Last Page)

Sponsored by the UT Southwestern Department of Psychiatry, Metrocare Services, and the Office of Continuing Medical Education
Agenda

8:15  Registration & Coffee
9:00  Introduction
9:15  Keynote & Panel: What does Diversity Mean?
10:45 Break
11:00 Breakout Lecture A
12:00 Lunch, Networking, & Optional Films
1:00  Interactive Learning & Panel: The Impact of the Clinician
2:30 Break
2:45 Breakout Lecture B
3:45 Breakout Lecture C
4:45-5 Closing Remarks

Breakout Lecture A
(Choose 1 of 2)
- LGBTQ
- Disability

Breakout Lecture B
(Choose 1 of 2)
- Poverty
- Family Systems

Breakout Lecture C
(Choose 1 of 2)
- Health Disparities
- Religion & Spirituality
**Detailed Agenda**

9:00-9:15  Introduction and Framing the Question  
**Location:** D1.600

9:15-10:45  What does “Diversity” Mean?  
**Location:** D1.600

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**Keynote Speaker:**

Ildemaro Gonzales, Sr. VP. Chief Diversity Officer at Parkland  
In his current role Mr. Gonzales seeks to develop and oversee programs that enhance both the employee and patient experiences. Specifically, his focus is on connecting with patients, partnering with the community, engaging their employees, and growing their reputation. Mr. Gonzalez previously worked at Newell Rubbermaid where he was the Global Director of Inclusion & Philanthropy, as well as Senior Manager, Learning & Development, for the company’s Latin American operations. At Newell he focused on “Global Readiness” ensuring the organization understood the nuances of diverse markets worldwide and transformed knowledge into high performing teams and category leading products worldwide. Prior to his work with Newell Rubbermaid, Gonzalez worked for The American Cancer Society in Atlanta. There he served as Managing Director of the Talent Solution Center and Managing Director of Diversity Strategy, amongst other positions. In addition to focusing on an inclusive work environment, Mr. Gonzalez and his team worked on increasing the effectiveness of the Society’s programs within diverse communities. Mr. Gonzalez holds a Master of Business Administration in Management from Georgia State University in Atlanta, and a Bachelor of Science in Business Administration from Universidad Católica Andrés Bello in Venezuela.

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**Panelists:**

**Byron Cryer, MD**  
Dr. Cryer is UT Southwestern’s Associate Dean for Faculty Diversity and Development. In this role he assists UT Southwestern to recruit and retain the very best faculty and to promote the careers of diverse faculty. Prior to his role in faculty development at UT Southwestern, Dr. Cryer directed the Office of Minority Student Affairs in the Medical School, where he initiated a number of innovative and successful programs. From 1997 to 2010, he has held the position of Associate Dean for Minority Student Affairs for UT Southwestern Medical School. In this capacity, he assisted the medical school in its recruitment of medical students and focused on diversity initiatives consistent with our mission-based goals. In his professional capacity as a physician investigator, Dr. Cryer is a gastroenterologist with investigational interests in peptic ulcer disease. Dr. Byron Cryer obtained his undergraduate degree from Harvard College, Cambridge, Massachusetts and his M.D. degree from Baylor College of Medicine where he also obtained his internal medicine residency training. He obtained his gastroenterology fellowship training at UT Southwestern where he became a member of the gastroenterology faculty and is now the John C. Vanatta III Professor of Internal Medicine.

**Brenda Richardson Rowe, PhD, LPC-S**  
Dr. Richardson Rowe is a native of Dallas, Texas, and currently serves as the Minister of Counseling of the Harmony Counseling Center where her primary mission is to: Heal and Grow people! In that capacity she serves as director and supervisor for all administrative and clinical services of the Counseling Center. Dr. Richardson Rowe attended Amberton University where she received her Masters of Counseling and she is also a graduate of Cornerstone University/Calvary Seminary where she completed a PhD in Christian Counseling with a minor in Christian Education. She has an intimate love for serving women of all ages and clients with relationship issues, family issues, and conflict/mediation issues. She is married to the love of her life Pastor Amos Rowe.

**Shawna Nesbitt, MD, MS**  
Dr. Nesbitt is an internationally recognized clinical investigator in hypertension. In particular, her expertise is in the field of hypertension in African Americans, and prehypertension. She has served as the National Coordinator for a large clinical trial investigating prehypertension. She has previously been funded by NIH to study prehypertension. Dr Nesbitt has served on the Steering committees of several large clinical trials in hypertension. She is a co-author of a recent major consensus statement on the treatment of hypertension in African Americans. She is currently funded to study the effect of aspirin on events in the elderly by the NIA/MMRF. She is a member of the NHLBI/NIH Clinical Trials Grant Review Board. Dr. Nesbitt is a member of the editorial board of 2 major hypertension journals. She is the immediate Past President of ISHIB, (International Society of Hypertension in Blacks) and was elected to serve as a member of the nominating committee of the American Society of Hypertension. She now serves as Associate Dean of Student Affairs in the Office of Minority Affairs at University of Texas Southwestern Medical School. In 2015 she received the Diversity Visionary Award, from Insight Into Diversity Publication.
**Detailed Agenda**

**11:00-12:00  Breakout Lecture A (Choose 1 of 2)**

**Disability**  
**Randall J. Cox, PhD**  
Dr. Cox received his doctorate in clinical psychology from the University of North Texas. He is faculty and director of the University of North Texas Psychology Clinic, and co-chair of the Diversity Committee of the Association of Psychology Training Clinics. His interests include supervision, psychotherapy process and outcome as well as diversity issues in training. He has served as past chair of APA’s Committee on Disability Issues in Psychology, was recipient of APA’s Distinguished Contributions to the Advancement of Disability Issues in Psychology Award, and is currently Commission for the Commission on Accreditation (CoA).

**LGBTQ**  
**Steven Krebaum, PhD**  
Dr. Krebaum is a licensed clinical psychologist and Associate Professor in the Department of Psychiatry at the University of Texas Southwestern Medical Center in Dallas where he is Psychology Director for the Consult Liaison Psychiatry Service at Parkland Hospital. He is a certified cognitive therapist and Founding Fellow at the Academy of Cognitive Therapy, and is also a certified trainer/consultant in CBT. Dr. Krebaum provides psychological consultation in two hospitals, is responsible for teaching CBT and MI skills to graduate students, medical students, and psychiatry residents, and he also maintains an active clinical practice in Dallas. Dr. Krebaum has clinical and research interests in psychotherapy with the medically ill, cultural competency and diversity education in healthcare, body image disturbance, and eating disorders interventions.

**12:00-1:00  Lunch & Networking; Optional Film in D1.600**

**1:00-2:30  Clinician Worldview: Explicit and Implicit Bias**

**Facilitators:** Adam Brenner, MD & Laura Howe-Martin, PhD

**Case Study Panelists:**

**Wendy Ringe, PhD**  
Dr. Ringe was born and raised in Idaho. She received her BS in Psychology from Idaho State University and completed her PhD in Clinical Psychology at UT Southwestern. She then completed a two year fellowship in Neuropsychology at UT Southwestern under the supervision of Drs. Munro Cullum and Laura Lacritz. Dr. Ringe has provided both neuropsychological and general clinical services in both inpatient and outpatient settings, as well as participating in neuroimaging research activities. She has long been interested in intervention and has developed specialties in treating patients with trauma histories as well as those with neurologic conditions. Dr. Ringe is currently the Chief of the UT Southwestern Psychology Service at Parkland Hospital.

**Larry Thornton, MD**  
Dr. Thornton is a Professor of Psychiatry at UT Southwestern Medical Center and on the Faculty at the Dallas Psychoanalytic Center. He is Director of the Department of Psychiatry’s Faculty Practice and a recipient of numerous teaching awards from psychiatry residents. He completed his medical degree and residency at UT Southwestern. His clinical work focuses primarily on individuals with mood disorders, anxiety disorders, character disorders, and histories of trauma. He is particularly interested in the ways in which psychoanalysis, philosophy, history and literature may inform one another. His recent scholarly work has focused on integrating psychoanalytic, existential, and Buddhist influences in the care of patients.

**Ella Williams, MD**  
Dr. Williams is Assistant Professor of Psychiatry and Director of the Psychiatric Emergency Service at Parkland Memorial Hospital. She completed her medical degree at the University of Arkansas and then trained in psychiatry at the University of San Antonio Health Science Center. Dr. Williams has extensive experience providing and leading psychiatric crisis services in both Fort Worth and Dallas, and is focused on the integration of mental health services into the larger healthcare system and the community.
Detailed Agenda

2:45-3:45  Breakout Lecture B (Choose 1 of 2)

**Family Issues & Live Reflection**

Connie Cornwell, MA, LMFT-S, LPC-S  
承担家庭问题的资深监督。康威女士拥有30多年的家庭与夫妇治疗师、培训师和督导师经验。她负责研究生培训、实习生的职业发展和精神科住院医师的夫妇与家庭治疗。她是美国家庭与婚姻治疗协会的合格监督员，也是美国家庭治疗学院的会员。

**Poverty & Mental Health**

Laura Howe-Martin, PhD  
Dr. Howe-Martin于2009年加入UT Southwestern。她在德克萨斯大学北方分校获得博士学位前，在联邦监狱接受了大部分培训。毕业之后，何韦-马丁博士在Parkland Victim Intervention Program完成了博士后训练。她目前在Parkland Hospital和Moncrief Cancer Institute担任Consult-Liaison Psychiatry的患者和实习生的监督，以及Clinical Training, Curriculum, and Clinical Examination委员会的成员。她最近被任命为继续教育的助理主任，内位于Psychiatry系，并在Dallas/Fort Worth地区开发了一系列继续教育活动。

3:45-4:45  Breakout Lecture C (Choose 1 of 2)

**Health Disparities**

John Ruiz, PhD  
Dr. Ruiz是一位心理学系的副教授，他在德克萨斯大学的研究焦点在于社会心理因素对健康的影响。他的NIH (NHLBI)-资助的研究探讨了个体水平的心理因素、社会行为和心血管疾病 (CVD) 风险之间的关系。另外，Ruiz博士在地方文化方面有专长，包括社会警觉。此外，Ruiz博士在《拉丁人心理学杂志》、《健康心理学杂志》和《行为医学杂志》上都有学术贡献，是APA委员会的成员。

**Religion & Spirituality**

Molly Camp, MD  
Dr. Mary "Molly" Camp是一位老年心理学家，她在德克萨斯大学西南医学中心担任教授。她的研究兴趣包括精神在健康、医疗教育和以病患为中心的护理中的作用。她曾在媒体对精神疾病、精神健康护理和教育的报道中发表文章。Camp博士参与了"反思圆桌"项目，该项目是与乔治华盛顿研究所合作的，旨在研究精神与宗教在医疗和护理中的作用。
**Objectives**

- Explain what is meant by the term “diversity”
- Identify and explore the concept of cultural humility (“knowing what you don’t know”)
- Evaluate your personal worldview and its impact on patient care.
- Examine how various diversity issues can impact treatment

**CREDIT DESIGNATION**

**Accreditation**

The University of Texas Southwestern Medical Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Texas Southwestern Medical Center designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

UT Southwestern Medical Center is an approved provider of psychology continuing education per the Texas State Board of Examiners of Psychologists per rule 461.11(c) 1A. This event is approved for Cultural Diversity Professional Development credits. This course is approved for 6.5 hours.

UT Southwestern Medical Center is approved by the Texas State Board of Examiners of Professional Counselors. This activity qualifies for 6.5 hours.

UT Southwestern Medical Center is an approved provider of social work continuing education per the social work licensing rule 781.511 (c1). This course is approved for 6.5 contact hours (0.65 CEU’s).

UT Southwestern University Hospitals is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

This activity provides 6.5 contact hours.
Who Should Attend
This course is designed for psychiatrists, psychologists, nurses, LPCs, social workers, chaplains, residents, fellows, students, and other professionals interested in learning about cultural diversity and the impact of diversity issues on mental health care.

Purpose and Content
This course will increase participants’ knowledge of the impact of cultural diversity on mental health care.

Conflict of Interest
All persons in the position to control the content of an education activity are required to disclose all relevant financial relationships in any amount occurring within the past 12 months with any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on patients along with that of their spouses or significant other. A primary mechanism to resolve identified conflicts of interest is a content review that is prior to the activity.

Discussion of Off-Label Use
This course is meant to educate practitioners with what is currently in use and what may be available in the future, so there may be “off-label” use discussed in the presentations. Speakers have been requested to inform the audience when off-label use is being discussed.

Cancellation Policy
The Office of Continuing Medical Education reserves the right to limit registration and cancel course, no less than one week prior to the course, should circumstances make this necessary.

Additional Information
For additional information, please call The Office of Continuing Medical Education, 214-648-3138, 1-800-688-8678, or e-mail cmeregistrations@utsouthwestern.edu

Program Accessibility
We accommodate people with disabilities. Please call 214-648-3138 for more information, or mark the space indicated on the registration form. To ensure accommodation, please register as soon as possible.

The University of Texas Southwestern Medical Center is committed to providing programs and activities to all persons regardless of race, color, national origin, religion, sex, age, veteran status, or disability.

UT Southwestern is an equal opportunity institution.
DRIVING DIRECTIONS

**Link to UT Southwestern Campus Map**

Event will be in the “D” building on UTSW South Campus

***This is a different location from prior Psychiatry CME events***

- From Harry Hines Blvd, turn West onto Senator Kay Bailey Hutchinson Drive
- Turn right after the Info Booth
- Either turn left into the Faculty Garage (park in any space that is not reserved) or park in the Visitor Parking, Lot 7
- Walk across the Donald Seldin Plaza, down the stairs next to the Visitor Information Center, and into the D Building