

## **Purpose and Content**

What's New in GI 2019 will cover novel developments in treatment of achalasia, new medications and treatment algorithms for inflammatory bowel disease, evaluation and management of pancreatic cysts and common issues and new developments in colonoscopy. Experts will discuss frequently encountered issues in gastroenterology, such as use of probiotics and gluten-free diets, eosinophilic esophagitis, and gastric intestinal metaplasia.

This program is designed to provide attendees current information on how to recognize symptoms and use current data to establish diagnosis and formulate the appropriate treatment plans for the management of gastrointestinal diseases. Several topics will be presented at a live, one day symposium through lectures and question and answer sessions by experts in the field of gastroenterology.

# **Educational Objectives**

Upon completion of this activity, participants should be able to:

- Distinguish between the types of commonly seen pancreatic cysts, and understand which cysts need surveillance, and when surgical intervention should be considered
- Recognize the differences between celiac disease and non-celiac gluten sensitivity, and the role of a gluten-free diet
- Review safety issues in colonoscopy, including updates in polypectomy techniques, management of peri-procedural
  antithrombotic agents, the role of team-based care (including nursing) in the endoscopy lab
- Utilize the most recent data, recommendations, and guidelines related to management of gastric intestinal metaplasia
- Recognize how the new IBD medications fit in to our known algorithm for managing patients and to understand the potential side effects of each medication
- Recognize the diagnostic and treatment options for microscopic colitis
- Describe the role of probiotics in management of GI disorders
- Utilize the most recent data, recommendations, and guidelines to manage eosinophilic esophagitis
- Describe the evaluation and management of achalasia
- Apply clinical recommendations for colorectal cancer screening in unique and diverse populations

## **Target Audience**

This course is designed for gastroenterologists, GI surgeons, internists and family practice physicians with an interest in gastroenterology and hepatology.

### Sponsored by

UT Southwestern Department of Internal Medicine, Division of Digestive & Liver Diseases and the Office of Continuing Medical Education

# What's New in GI 2019



### **Accreditation and Credit Designation Statement**

# **Physicians**

The University of Texas Southwestern Medical Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical Education for physicians.

The University of Texas Southwestern Medical Center designates this live activity for a maximum of **6.0** AMA PRA Category 1 Credits<sup>TM</sup>. Participants should claim only the credit commensurate with the extent of their participation in the activity.

## Maintenance of Certification (MOC)

Successful completion of this CME activity enables the participant to earn up to 6.0 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC points.

### **Continuing Nursing Education**

UT Southwestern University Hospitals is an approved provider of continuing nursing education by the Texas Nurses Association – Approver, an accredited approver with distinction by the American Nurses Credentialing Center's Commission on Accreditation.

This activity provides **6.08** contact hours of continuing nursing education.

### **Registration Fees**

- Full-Time UTSW Faculty and Fellows Only Complimentary
- NP and PA \$75

- Physicians and General Registration \$175
- Nurses \$50

### **Registration Information**

# Register online at <a href="https://cme.utsouthwestern.edu/rp1902b">https://cme.utsouthwestern.edu/rp1902b</a>

### To register:

- 1. You must login to your profile in order to register. If you have not previously registered for any of our courses you must first create a user profile by selecting the "create an account" link at the bottom of the page.
- 2. Return to this course page, click "Register" tab, and select the designated fee.
- 3. In the following "checkout" pages you will verify and process your payment.
- 4. After registration is completed, a confirmation will be sent by email.

The registration fee entitles the participants to admission to the conference, all course materials, continental breakfast, refreshments at the break, and lunch during the meeting. Enrollment is confirmed upon receipt of registration fee. We are unable to process any registration without payment. Only credit card payments will be accepted.

#### **Refund Policy**

A \$25 handling fee will be deducted from cancellation refunds. Refund requests must be received by email at cmeregistrations@utsouthwestern.edu by February 1, 2019. No refunds will be made thereafter.

# What's New in GI 2019



### **Course Faculty**

#### **Course Directors**

### Kerry Dunbar, MD, PhD

Associate Professor - Department of Internal Medicine Division of Digestive and Liver Diseases UT Southwestern Medical Center - Dallas, Texas

### William Santangelo, M.D.

Professor - Department of Internal Medicine Division of Digestive and Liver Diseases UT Southwestern Medical Center - Dallas, Texas

## **Guest Faculty**

# Prakash Gyawali, M.D.

Professor of Medicine
Director, Neurogastroenterology and Motility
Program Director, GI Fellowship Program
Washington University School of Medicine

## UT Southwestern Department of Internal Medicine, Division of Digestive & Liver Diseases

- Deepak Agrawal, M.D.
- Tasneem Ahmed, D.O.
- Filoshia Barrow RN
- Byron Cryer, M.D.
- Annie Feagins, M.D.
- David Fudman, M.D.
- Sravanya Gavini, M.D., M.P.H.

- Christian Mayorga, M.D.
- John Mansour, M.D.
- Anna Tavakkoli, M.D.
- Maria Tian, M.D
- Dutch Vanderveldt, M.D.
- Roopa Vemulapalli, M.D.

## **Planning Committee**

- Ezra Burstein, M.D., Ph.D.
- Elizabeth Godly, RN BSN

• Allen Kirby, MBA, BSN, RN

# **Additional Information**

For additional information, please email <a href="mailto:cmeregistrations@utsouthwestern.edu">cmeregistrations@utsouthwestern.edu</a> or call The Office of Continuing Medical Education, 214-648-2166. To obtain information on other UT Southwestern programs, visit The Office of Continuing Medical Education's website at: utsouthwestern.edu/cme

## **Program Accessibility**

We accommodate people with disabilities. Please email <a href="mailto:cmeregistrations@utsouthwestern.edu">cmeregistrations@utsouthwestern.edu</a> or call 214-648-2166 for more information. To ensure accommodation, please register as soon as possible.

The University of Texas Southwestern Medical Center is committed to providing programs and activities to all persons regardless of race, color, national origin, religion, sex, age, veteran status, or disability.

UT Southwestern Medical Center is an equal opportunity institution.

# Location

UT Southwestern Medical Center - T. Boone Pickens Biomedical Building Auditorium (NG3.112) 6001 Forest Park Rd. Dallas, TX 75235

# Agenda

		Agenda	Speaker
8:00 AM	9:55 AM	Session 1	
		Introduction	
		New Algorithms in IBD Management	Tasneem Ahmed, D.O.
		Safety Issues and Health Monitoring in IBD	Annie Feagins, M.D.
		Celiac and Non-Celiac Gluten Sensitivity	Roopa Vemulapalli, M.D.
		Microscopic Colitis	David Fudman, M.D.
9:55 AM	10:15 AM	Break / Meet the Sponsors	
10:15 AM	11:00 AM	Session 2: Keynote	
		Achalasia: State of the Art	Prakash Gyawali, M.D.  Guest Speaker  Washington University School of Medicine
11:00 AM	11:50 AM	Session 3	
		Probiotics in the Management of GI Disorders	Byron Cryer, M.D.
		Eosinophilic Esophagitis	Sravanya Gavini, M.D., M.P.H.
11:50 AM	1:05 PM	Extended Lunch / Reception	
1:05 PM	3:55 PM	Session 4	
		Intestinal Metaplasia and Gastroesophageal Cancer	Kerry Dunbar, M.D., Ph.D.
		Management of Pancreatic Pre-Malignant Lesions	Speakers/Panel: John Mansour, M.D., Anna Tavakkoli, M.D., Dutch Vanderveldt, M.D. Moderator: Dutch Vanderveldt, M.D.
		Colorectal Cancer Screening in Unique and Diverse Populations	Christian Mayorga, M.D.
		Case-Based Issue in Colonoscopy	Speakers/Panel: Filoshia Barrow, BSN, RN, Deepak Agrawal, M.D., Maria Tian, M.D. Moderator: Deepak Agrawal, M.D.