

What's New in GI 2020

UT Southwestern Medical Center

What's New in GI 2020

*Presented by UT Southwestern Department of Internal Medicine – Division of Digestive and Liver Diseases
and the Office of Continuing Medical Education*

Saturday, February 15, 2020

UT Southwestern T. Boone Pickens Auditorium, Dallas, TX

Course Directors: Kerry Dunbar, M.D., Ph.D., Neha Patel, M.D.

cme.utsouthwestern.edu/rp2002e

Program Overview

This program is designed to provide attendees current information on how to recognize symptoms and use current data to establish diagnosis and formulate the appropriate treatment plans for the management of gastrointestinal diseases. Several topics will be presented at a live, one day symposium through lectures and question and answer sessions by experts in the field of gastroenterology. This course is designed for gastroenterologists, GI surgeons, internists, family practice physicians, nurse practitioners, physician assistants, and nurses with an interest in gastroenterology.

Target Audience

This activity is intended for physicians and healthcare providers in the specialties of Gastroenterology, Gastroenterology and Hepatology, Family Practice, Internal Medicine, Surgery - Colon and Rectal, and Surgery – Oncology.

Educational Objectives

Upon completion of this activity, participants should be able to:

- Apply the new goals of 'treat to target' for management of patients with IBD. Describe symptoms and care for patients with complex IBD.
- Identify the etiology of diarrhea caused by medications and commonly ingested foods.
- Distinguish between the types of commonly seen pancreatic cysts, understand which cysts need surveillance, and when surgical intervention should be considered.
- Discuss how to reduce risk of cancer in Barrett's esophagus, premalignant conditions of the pancreas, and for patients with a family history of cancer or inherited genetic syndrome.
- Explain the indications, uses, and contraindications for novel treatments in upper and lower GI bleeding.
- Describe the different types of bariatric surgery and endoscopic treatments for weight loss.
- Explain the potential complications and nutrition issues that can occur with bariatric surgery.

Syllabus

Presentations will be made available through cme.utsouthwestern.edu/rp2002e for presentations where permission has been granted to post.

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Accreditation and Designation Statements

Physicians

The University of Texas Southwestern Medical Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Texas Southwestern Medical Center designates this live activity for a maximum of **6.0 AMA PRA Category 1 Credits™**. Participants should claim only the credit commensurate with the extent of their participation in the activity.



Maintenance of Certification (MOC)

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to **6.0 MOC** points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



Continuing Nursing Education

UT Southwestern Medical Center is an approved provider of nursing continuing professional development by the Texas Nurses Association an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This activity provides **6.25** contact hour(s).

Learning Outcomes for Nursing Continuing Education

The learning outcomes will be measured by the Registered Nurses report of understanding the concepts covered during the symposium as evidenced by their online evaluation responses.

- Have increased competence in recognizing the appropriate therapy options for IBD
- Identify the etiology of diarrhea cause by medications and commonly ingested foods
- Have increased knowledge in what surveillance recommendations for pancreatic cysts should be advocated for
- Have increased knowledge in the potential reduction in the overuse of radiology tests as it relates to the pancreatic cysts
- Will have increased competence in educating patients on cancer risk in patients with pre-malignant conditions (such as Barrett's esophagus) and genetic syndromes
- Have an increased knowledge in the indications, uses, and contraindications for novel treatments in upper and lower GI bleeding
- Have increased competence in the different types of bariatric surgery and endoscopic treatments for weight loss

Other Healthcare Professionals

The University of Texas Southwestern Medical Center certifies that non-physicians will receive an attendance certificate stating that they participated in the activity that was designated for **6.0 AMA PRA Category 1 Credits™**.

Educational Methods

Lecture, Presentation Slides, Question and Answer Sessions

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Evaluation and Credit Information

Physicians and Other Healthcare Professionals

An online course evaluation will be available immediately following the conference. The evaluation is an important tool for assessing the effectiveness of this activity as well as for planning future activities. We value your feedback. CME Certificates will be available online after completion of the brief CME evaluation. You will receive an email with the direct link to the CME Evaluation and certificate upon confirmation of your attendance to the conference (cme.utsouthwestern.edu/rp2002e).

Once you are logged in, select "take course", complete the brief CME evaluation, and claim your certificate. If you have any questions regarding your certificate, you may direct them to: cmeregistrations@utsouthwestern.edu

Maintenance of Certification

To claim ABIM MOC Part 2 credit, complete the MOC participant information form and post-test via the course outline in cme.utsouthwestern.edu/rp2002e. Once you are logged in, select "take course", and browse to the Post-Test and MOC Participant Information form. A passing score of 75% is required to pass the post-test. Both components must be completed by March 15, 2020 to receive MOC credit.

Continuing Nursing Education

Requirements for Successful Completion of Activity

- Sign in on the attendance roster at the Nursing Sign-in table
- Provide email address – write legibly
- Attend the entire activity
- Complete and submit the online Evaluation Tool - Link sent post-activity to the email address provided (Please review spam and junk mail folders for the link.)
- Certificate is available to print once evaluation is completed
- The email will be sent from the Department of Clinical Education and Professional Practice at UT Southwestern University Hospitals, NOT the CME office
- For questions, or if the evaluation link is not received by March 2, 2020, please contact sheena.mathew@UTSouthwestern.edu

CME Course Faculty

Course Directors

- **Kerry Dunbar, M.D., Ph.D.**
Section Chief, Dallas VA Medical Center
Associate Professor
Associate Program Director, Residency Program
Department of Internal Medicine
Division of Digestive and Liver Diseases
UT Southwestern Medical Center - Dallas, Texas
- **Neha Patel, M.D.**
Assistant Professor
Department of Internal Medicine
Division of Digestive and Liver Diseases
UT Southwestern Medical Center - Dallas, Texas

Keynote Speaker

- **Grace Elta, M.D.**
Professor Emeritus
University of Michigan

UT Southwestern Medical Center Department of Internal Medicine – Division of Digestive and Liver Diseases

- **Tasneem Ahmed, D.O.**
Assistant Professor
- **Balaji Ayyar, M.D.**
Faculty Associate
- **Filoshia Barrow BSN, RN**
Endoscopy Charge Nurse
- **Divya Bhatt, M.D.**
Assistant Professor
- **David Fudman, M.D.**
Assistant Professor
- **Rozina Mithani, M.D.**
Assistant Professor
- **Anna Tavakkoli, M.D.**
Assistant Professor of Internal Medicine and Clinical Sciences
- **Hendrikus (Dutch) S. Vanderveldt, M.D.**
Assistant Professor
Program Director, Advanced Endoscopy Fellowship Program
- **Roopa Vemulapalli, M.D.**
Associate Professor
Clinical Director, Digestive & Liver Disease Clinic

UT Southwestern Medical Center

- **Sara Hennessy, M.D.**
Assistant Professor
Department of Surgery
- **Sara Pirzadeh-Miller, M.S., CGC**
Assistant Director
UTSW Cancer Genetics program

Planning Committee

- **Ezra Burstein, M.D., Ph.D.**
Professor
Division Chief, Digestive and Liver Diseases
- **Nisa Kubiliun, M.D.**
Associate Professor
Clinical Chief, Digestive & Liver Diseases
- **Tasneem Ahmed, D.O.**
Assistant Professor

Peer Reviewers

- **Luke Engelking, M.D., Ph.D.**
Assistant Professor
- **Khurram Mazhar, M.D.**
Assistant Professor
- **Neha Patel, M.D.**
Assistant Professor

Disclosures**Disclosure of Commercial Interest**

As an organization accredited by the Accreditation Council for Continuing Medical Education (ACCME), The University of Texas Southwestern Medical Center, Office of Continuing Medical Education (UTSW CME) requires that the content of CME activities and related materials provide balance, independence, objectivity, and scientific rigor. Planning must be free of the influence or control of a commercial entity, and promote improvements or quality in healthcare. All persons in the position to control the content of an education activity are required to disclose all relevant financial relationships in any amount occurring within the past 12 months with any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on patients.

The ACCME defines "relevant financial relationships" as financial relationships in any amount occurring within the past 12 months that create a conflict of interest. The UTSW Office of CME has implemented a mechanism to identify and resolve all conflicts of interest prior to the activity. The intent of this policy is to identify potential conflicts of interest so participants can form their own judgments with full disclosure of the facts. Participants will be asked to evaluate whether the speaker's outside interests reflect a possible bias in the planning or presentation of the activity.

Faculty Disclosures

The following faculty reported to have relevant financial relationships and/or intends to discuss the use of off-label or investigational use of products (**all persons in control of content not itemized below reported no relevant financial relationships**):

Faculty Name	Name of Commercial Interest	Nature of Relevant Relationship
Kerry Dunbar, M.D., Ph.D.	Ironwood	Grant Or Contract (GERD)
Rozina Mithani, M.D.	Intuitive robot	Professional Services - Spouse
Grace H. Elta, M.D.	Olympus Medical	Independent contractor
Sara Pirzadeh-Miller, M.S., CGC	Invitae Genetic Counselor CancerGene Connect GeneMatters LLC	Advisory Board Intellectual Property Other Advisory Board

Disclosure of Unlabeled Use

This educational activity may contain discussion of published and/or investigational uses of agents that are not approved by the U.S. Food and Drug Administration. For additional information about approved uses, including approved indications, contraindications, and warnings, please refer to the prescribing information for each product, or consult the Physicians' Desk Reference.

Disclaimer

This symposium has been planned to be well-balanced and objective in discussion of comparative treatment regimens, and the symposium format allows for the free scientific exchange of ideas. Information and opinions offered by the speakers represent their viewpoints. Conclusions drawn by the audience should be derived from careful consideration of all available scientific information.

Acknowledgements

Educational Grants

The University of Texas Southwestern Medical Center gratefully acknowledges educational grants from the following companies in support of this CME activity:

Salix Pharmaceuticals, Inc.
Takeda Pharmaceuticals U.S.A., Inc.
Cook Medical, LLC

Exhibitors

The University of Texas Southwestern Medical Center gratefully acknowledges the exhibitors from the following companies in support of this CME activity:

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Novartis
Pfizer Biosimilars
Salix Pharmaceuticals
Shire
STERIS Endoscopy
Takeda Pharmaceuticals U.S.A., Inc.

Special Assistance and Dietary Needs, Photography Policy

- **Americans with Disabilities Act:** In compliance with the Americans with Disabilities Act, UTSW will make reasonable efforts to accommodate persons with disabilities. Please see the Registration Desk with your special assistance needs.
- **Dietary Needs:** Continental breakfast, refreshment breaks, and lunch are provided. Please see the Registration Desk with your specific dietary needs.
- **Photography Policy:** Any person attending may be photographed or videotaped, and by your attendance, you give permission to use your image in possible future marketing publications including print, online, and video.

Mobile Phones/Pagers

As a courtesy to the speakers and fellow participants, please silence all mobile phones/pagers.

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Agenda

TIME		TOPIC	SPEAKER
7:00 AM	8:00 AM	Registration and Breakfast	
8:00 AM	8:10 AM	Introduction	Kerry Dunbar, M.D., Ph.D., Neha Patel, M.D.
8:10 AM	9:20 AM	Session 1 - Inflammatory Bowel Disease	
8:10 AM	8:30 AM	Therapeutic Targets and Endpoints in IBD Care	David Fudman, M.D.
8:30 AM	8:50 AM	Drug-induced Colitis	Tasneem Ahmed, D.O.
8:50 AM	9:20 AM	Complicated Cases in IBD	Tasneem Ahmed, D.O., David Fudman, M.D.
9:20 AM	10:30 AM	Session 2 - Diet, Diarrhea, and Drugs	
9:20 AM	9:40 AM	Functional Diarrhea – Causes and Management	Roopa Vemulapalli, M.D.
9:40 AM	10:00 AM	Pharmacological Therapies in GI Motility Disorders	Rozina Mithani, M.D.
10:00 AM	10:20 AM	Diet and GI Disorders	Neha Patel, M.D.
10:20 AM	10:30 AM	Questions	
10:30 AM	10:50 AM	Break	
10:50 AM	11:45 AM	Session 3 - State of the Art/Keynote speaker	
10:50 AM	11:35 AM	Surveillance and Management of Pancreatic Cysts	Grace H. Elta, M.D. <i>University of Michigan Gastroenterology</i>
11:35 AM	11:45 AM	Questions	
11:45 AM	1:00 PM	Lunch Reception	
1:00 PM	2:20 PM	Session 4 - Cancer Prevention in GI	
1:00 PM	1:20 PM	Cancer Prevention in Barrett's Esophagus	Dutch S. Vanderveldt, M.D.
1:20 PM	1:50 PM	Controversies in Colon Cancer Screening	Divya Bhatt, M.D.
1:50 PM	2:10 PM	Genetics and Cancer Prevention	Sara Pirzadeh-Miller, M.S., CGC
2:10 PM	2:20 PM	Questions	
2:20 PM	2:35 PM	Break	
2:35 PM	3:55 PM	Session 5 - Potpourri of GI Topics	
2:35 PM	3:05 PM	Tricks for GI Bleeding	Bilaji Ayyar, M.D., Filoshia Barrow, BSN, RN
		Weight Loss Therapies	
3:05 PM	3:25 PM	Bariatric Surgery Pearls – Criteria, Options, Complications	Sara Hennessy, M.D.
3:25 PM	3:45 PM	Endoscopic Management of the Bariatric Patient	Anna Tavakkoli, M.D.
3:45 PM	3:55 PM	Questions	
3:55 PM	4:00 PM	Adjourn	

