Purpose & Content

This program is designed to highlight recent scientific advances in Interventional Spine Care pertaining to the field of Physical Medicine and Rehabilitation in Adults. This program will also showcase the research conducted by residents, fellows and members of the Department of Physical Medicine & Rehabilitation.

Educational Objectives

- Optimally counsel, evaluate, diagnose, and manage patients with osteoporosis, low back/chronic pain, sports related spine injuries, cervical myelopathy/radiculopathy, lumbar stenosis and spinal metastatic disease.
- Evaluate the evidence-based treatment options for spinal conditions, including indications and contraindications to develop a treatment plan.
- Develop appropriate pain management strategies for patients with spine-related pain, consider factors affecting safety for patients with spine conditions not relieved by conservative treatment, and make appropriate referrals to spine specialists.
- Discuss recent clinical and research advances in the field of PM&R.

Target Audience

Physicians, Physical and Occupational Therapists and Other Healthcare Providers in the fields of PM&R, sports medicine, orthopaedic surgery, neurology, neurological surgery, anesthesiology and radiology are encouraged to attend.

Accreditation

The University of Texas Southwestern Medical Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation

The University of Texas Southwestern Medical Center designates this live activity for a maximum of 3.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Sponsored by

UT Southwestern Department of Physical Medicine & Rehabilitation and the Office of Continuing Medical Education

https://cme.utsouthwestern.edu/rp1905a
# Agenda

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<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>7:30 – 8:00 am</td>
<td>Registration and Breakfast</td>
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<tr>
<td>8:00 – 8:10 am</td>
<td>Introduction</td>
<td>Benjamin Nguyen, M.D.</td>
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<td>Kathleen Bell, M.D.</td>
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<tr>
<td>8:10 – 9:15 am</td>
<td><strong>Phala H. Helm, M.D. Distinguished Lectureship</strong></td>
<td>James Rainville, M.D.</td>
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<td>Rethinking Back Pain</td>
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<tr>
<td>9:15 – 10:00 am</td>
<td><strong>Resident Presentations</strong></td>
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<tr>
<td>9:15 – 9:30 am</td>
<td>The Use of Neuroimaging by Community Physicians in Children with Mild Traumatic Brain Injuries</td>
<td>Lesley Abraham, M.D.</td>
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<tr>
<td>9:30 – 9:45 am</td>
<td>Identifying Pre-Admission Risk Factors for Transfer to Acute Care during Inpatient Rehabilitation</td>
<td>Cameron Collier, M.D., Benjamin Shahabi-Azad, M.D.</td>
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<tr>
<td>9:45 – 10:00 am</td>
<td>Spinal Cord Injury after High Voltage Electrical Injury-Functional Outcomes</td>
<td>Charles Taylor II, M.D.</td>
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<tr>
<td>10:00 – 10:30 am</td>
<td>Break – Exhibits and Poster Viewing</td>
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<tr>
<td>10:30 – 11:10 am</td>
<td><strong>Management of Adults With Degenerative Spinal Deformity</strong></td>
<td>Carlos Bagley, M.D.</td>
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<td>11:10 – 11:50 am</td>
<td>Lumbar Spine Stenosis: Biomarkers in Evaluation &amp; Outcome Prediction</td>
<td>Thiru Annaswamy, M.D.</td>
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<tr>
<td>11:50 – 12:30 pm</td>
<td>Research Targeting Improved Clinical Evaluation of Spinal Disorders</td>
<td>James Rainville, M.D.</td>
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<tr>
<td>12:30 pm</td>
<td>Adjourn</td>
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# Location

UT Southwestern Medical Center - T. Boone Pickens Biomedical Building Auditorium (NG3.112)
6001 Forest Park Rd. Dallas, TX 75235

[https://cme.utsouthwestern.edu/rp1905a](https://cme.utsouthwestern.edu/rp1905a)
Registration Information

Register online at https://cme.utsouthwestern.edu/rp1905a

To register:

1. Create an account in EthosCE, online learning management system, by selecting the "create an account" link or "login" to your existing account.
2. Return to this course page, select the designated fee and click the "add to cart" button.
3. In the following "checkout" pages you will verify and process your payment.
4. After registration is completed, a confirmation will be sent by email.

Registration fees

- General Registration - $115
- Therapists (PT/OT) - $75
- Students - $50

Refund Policy

A $25 handling fee will be deducted from cancellation refunds. Refund requests must be received by email at cmeregistrations@utsouthwestern.edu by April 19, 2019. No refunds will be made thereafter.

Additional information

For additional information, please email cmeregistrations@utsouthwestern.edu or call The Office of Continuing Medical Education, 214-648-2166 or go to https://cme.utsouthwestern.edu/rp1905a.

Program Accessibility

We accommodate people with disabilities. Please email cmeregistrations@utsouthwestern.edu or call 214-648-2166 for more information. To ensure accommodation, please register as soon as possible.

The University of Texas Southwestern Medical Center is committed to providing programs and activities to all persons regardless of race, color, national origin, religion, sex, age, veteran status, or disability.

UT Southwestern Medical Center is an equal opportunity institution.

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Course Faculty

Course Chair

Benjamin Nguyen, M.D.
Professor
Department of Physical Medicine & Rehabilitation
UT Southwestern Medical Center
Dallas, TX

Guest Faculty

James Rainville, M.D.
Chief
Physical Medicine & Rehabilitation
New England Baptist Hospital
Boston, MA

UT Southwestern Medical Center faculty

Thiru Annaswamy, M.D., M.A.
Section Chief, Spine & Electrodiagnostic Sections, Physical Medicine & Rehabilitation
VA North Texas Health Care System
Professor, Physical Medicine & Rehabilitation
UT Southwestern Medical Center
Dallas, TX

Carlos Bagley, M.D.
Associate Professor
Neurological and Orthopedic Surgery
UT Southwestern Medical Center
Dallas, TX

Kathleen Bell, M.D.
Professor & Chair
Physical Medicine & Rehabilitation
UT Southwestern Medical Center
Dallas, TX

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