



continuing medical
education

19th Annual Physical Medicine & Rehabilitation Scientific Day

Women and Rehabilitation – Bridging Generations

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Rehabilitation Scientific Day

Women and Rehabilitation— Bridging Generations

UT Southwestern Medical Center
T. Boone Pickens Biomedical Building
NG3.112 Auditorium
6001 Forest Park Road
Dallas, TX 75235

Sponsored by

Department of Physical Medicine &
Rehabilitation and the Office of
Continuing Medical Education

Accreditation

UT Southwestern Medical Center is
accredited by the Accreditation Council
for Continuing Medical Education
(ACCME) to provide continuing medical
education for physicians.

UT Southwestern
Medical Center

Saturday, June 3, 2017 • UT Southwestern

Target Audience

Physiatrists, Family Practice Physicians,
Internists, Physical Therapists, Psychol-
ogists, NPs and PAs, Nurses, and other
healthcare professionals interested in
the gender differences and women's
health issues in physical medicine and
rehabilitation.

Purpose & Content

This program is designed to high-
light scientific advances in the area
of Women's Health Issues in the field
of Physical Medicine and Rehabilita-
tion. Topics of discussion include the
latest treatments and technologies in
the areas of sports medicine, gender
differences in recovery of concussion,
neurologic causes of pelvic pain and
pelvic floor dysfunction. We will also
discuss the ethical implications of phy-
sician recommendations when treating
eating disorders in children.

Educational Objectives

Upon completion of this activity, partici-
pants should be able to link the educa-
tional objectives to Core Competencies
(Medical Knowledge) and:

- Describe sex differences in Sports Medicine
- Describe post-partum recovery of the lateral abdominal wall-musculature
- Review causes of minimal trauma fractures
- Discuss what work-up and treatments are needed to reduce future fractures
- Review differences between genders on incidence and recovery for concussion
- Incorporate mechanisms for concussion prevention in sports for girls and women
- Discuss connection between body image, eating disorders and obesity in children and adolescents and recognize when treatment is needed
- Discuss appropriate diagnosis and treatment of pelvic floor dysfunction and pelvic floor myofascial pain
- Review neurologic causes of pelvic pain including pudental, genitofemoral, and ilioinguinal neuropathy
- Discuss ethical dilemmas that can arise when caring for children and adolescents with eating disorders and the impact of physician's recommendations on behavior

Credit Designation

Physicians: The University of Texas Southwestern Medical Center designates this live activity for a maximum of **6.0 AMA PRA Category 1 Credits**.™ Physicians should only claim credit commensurate with the extent of their participation in the activity.

Physical Therapists: An application has been submitted to the Texas Board of Physical Therapy Examiners to request approval for continuing competence requirements for PT's and PTA's.

Conflict of Interest

All persons in the position to control the content of an education All persons in the position to control the content of an education activity are required to disclose all relevant financial relationships in any amount occurring within the past 12 months with any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on patients. A primary mechanism to resolve identified conflicts of interest is a content review that is prior to the activity.

Discussion of Off-Label Use

This course is meant to educate physicians with what is currently in use and what may be available in the future. There may be "off-label" use discussed in the activity. Speakers have been requested to inform the audience when off-label use is discussed.

Course Director:

Benjamin N. Nguyen, M.D.

*Associate Professor, Department of Physical Medicine & Rehabilitation
University of Texas Southwestern Medical Center
Dallas, Texas*

UT Southwestern Faculty:

Kathleen Bell, M.D.

*Professor & Chairman
Department of Physical Medicine and Rehabilitation*

Ugis Gruntmanis, M.D.

*Associate Program Director
Internal Medicine Residency Program
Professor
Department of Internal Medicine*

Urszula Kelley, M.D.

Professor, Department of Psychiatry

Kelly Scott, M.D.

*Associate Professor
Department of Physical Medicine and Rehabilitation*



Guest Faculty:

Monica Rho, M.D.

*Assistant Professor
Department of Physical Medicine and Rehabilitation
Northwestern University
Feinberg School of Medicine
Chicago, Illinois*

Women and Rehabilitation— Bridging Generations

Agenda

Saturday, June 3, 2017

7:00 – 7:20 am **Registration and Breakfast**

7:20 – 7:40 am **Welcome and Introductions**

– Benjamin N. Nguyen, M.D. and Kathleen Bell, M.D.

7:40 – 8:20 am **Sex Differences in Sports Medicine**

– Monica Rho, M.D.

Resident Research Presentations

8:20 – 8:40 am Paper presentation #1

8:40 – 9:00 am Paper presentation #2

9:00 – 9:20 am Paper presentation #3

9:20 – 10:00 am **Girls, Women, and Concussion**

– Kathleen Bell, M.D.

10:00 – 10:20 am **Break and Exhibits**

10:30 – 11:00 am **Musculoskeletal and Neurologic Pelvic Pain**

– Kelly Scott, M.D.

Phala A. Helm, M.D. Distinguished Lectureship

11:00 – 12:00 pm **Post-Partum Recovery of the Lateral
Abdominal Wall Musculature**

– Monica Rho, M.D.

12:00 – 1:00 pm **Lunch and Exhibits**

12:40 – 1:00 pm **Resident Poster Presentations/Viewing**

1:00 – 1:40 pm **Fractures Caused by Osteoporosis,
Deadly but Forgotten. Let's Change that!**
– Ugis Gruntmanis, M.D.

1:40 – 1:50 pm **Break and Exhibits**

1:50 – 2:50 pm **Physical Activity and Body Images in
Young Girls/Adolescences**
– Urszula Kelley, M.D.

2:50 pm **Adjourn**

Registration

The registration fee entitles the participants to admission to the conference, all course materials, continental breakfast, refreshments at the break, and lunch during the meeting. Enrollment is confirmed upon receipt of registration fee. We are unable to process any registration without payment. Please register early.

Registration Fees

- General registration - \$95
- Trainees – Non-UTSW/PHHS (fellows/residents/medical students) - \$25
- UTSW Staff/Fellows/Residents/Medical Students - Complimentary

Refund Policy

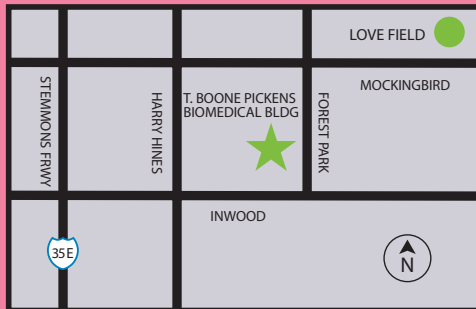
A \$25 handling fee will be deducted from cancellation refunds. Refund requests must be received by mail or fax prior to May 26, 2017. No refunds will be made thereafter.

Cancellation Policy

The Office of Continuing Medical Education reserves the right to limit registration and cancel courses, no less than one week prior to the course, should circumstances deem this necessary.

Location

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T. Boone Pickens Biomedical Building
NG 3.112 Auditorium
6001 Forest Park Road
Dallas, TX 75390



Additional Information

For additional information, please call The Office of Continuing Medical Education, 214-648-3138, 1-800-688-8678, fax 214-648-2317, or email cmeregistrations@utsouthwestern.edu

To obtain information on other UT Southwestern programs, visit the Office of Continuing Medical Education's website at: <http://www.utsouthwestern.edu/cme>

Program Accessibility

Please call 214-648-3138 for more information, or complete the ADA/Special Needs box within your user profile on the registration site.

The University of Texas Southwestern Medical Center is committed to providing programs and activities to all persons regardless of race, color, national origin, religion, sex, age, veteran status, or disability.

UT Southwestern is an equal opportunity institution.

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Registration

Saturday, June 3, 2017

#RP1706A



Register online at:

cme.utsouthwestern.edu/rp1706a

Registration Instructions

After clicking on the registration link, you will be prompted to log in to your user account. Once you are logged in you will be able to register for the course.

If you have not previously registered for other courses in this system, you must first create a user profile. Once you have completed your profile, you will then need to go back to the course page and register.

Only credit card payments will be accepted.

Registration Fees

General registration - \$95

- **Trainees – Non-UTSW/PHHS (fellows/residents/medical students) - \$25**
- **UTSW Staff/Fellows/Residents/Medical Students - Complimentary**

Syllabus Information

Only presentations that the author has given permission for will be available online.



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Office of Continuing Medical Education

5323 Harry Hines Blvd., Dallas, Texas 75390-9059

Not printed or mailed at State expense

Register online at: cme.utsouthwestern.edu/rp1706a

Sponsored by:

Department of Physical Medicine & Rehabilitation
and the Office of Continuing Medical Education

June 2017

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