



What's New in GI

Saturday, February 16, 2019

cme.utsouthwestern.edu/rp1902b

UT Southwestern Medical Center
T. Boone Pickens Biomedical Building Auditorium
6001 Forest Park Road ■ Dallas, Texas 75390

Sponsored by UT Southwestern Department of Internal Medicine – Division of Digestive & Liver Diseases
and the Office of Continuing Medical Education

UT Southwestern
Medical Center

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What's New in GI 2019

Presented by the UT Southwestern Department of Internal Medicine – Division of Digestive and Liver Diseases and the Office of Continuing Medical Education

Saturday, February 16, 2019

UT Southwestern T. Boone Pickens Auditorium, Dallas, TX

Course Directors: Kerry Dunbar, M.D., William Santangelo, M.D.

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Program Overview

What's New in GI 2019 will cover novel developments in treatment of achalasia, new medications and treatment algorithms for inflammatory bowel disease, evaluation and management of pancreatic cysts and common issues and new developments in colonoscopy. Experts will discuss frequently encountered issues in gastroenterology, such as use of probiotics and gluten-free diets, eosinophilic esophagitis, and gastric intestinal metaplasia.

This program is designed to provide attendees current information on how to recognize symptoms and use current data to establish diagnosis and formulate the appropriate treatment plans for the management of gastrointestinal diseases. Several topics will be presented at a live, one day symposium through lectures and question and answer sessions by experts in the field of gastroenterology.

Educational Objectives

Upon completion of this activity, participants should be able to:

- Distinguish between the types of commonly seen pancreatic cysts, and understand which cysts need surveillance, and when surgical intervention should be considered
- Recognize the differences between celiac disease and non-celiac gluten sensitivity, and the role of a gluten-free diet
- Review safety issues in colonoscopy, including updates in polypectomy techniques, management of peri-procedural antithrombotic agents, the role of team-based care (including nursing) in the endoscopy lab
- Utilize the most recent data, recommendations, and guidelines related to management of gastric intestinal metaplasia
- Recognize how the new IBD medications fit in to our known algorithm for managing patients and to understand the potential side effects of each medication
- Recognize the diagnostic and treatment options for microscopic colitis
- Describe the role of probiotics in management of GI disorders
- Utilize the most recent data, recommendations, and guidelines to manage eosinophilic esophagitis
- Describe the evaluation and management of achalasia
- Apply clinical recommendations for colorectal cancer screening in unique and diverse populations

Target Audience

This course is designed for gastroenterologists, GI surgeons, internists and family practice physicians, nurses and healthcare providers with an interest in gastroenterology and hepatology.

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Educational Methods

Lecture, Presentation Slides, Question and Answer Session

Accreditation and Designation Statements

Physicians

The University of Texas Southwestern Medical Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical Education for physicians.

The University of Texas Southwestern Medical Center designates this live activity for a maximum of 6.0 *AMA PRA Category 1 Credits™*. Participants should claim only the credit commensurate with the extent of their participation in the activity.

Maintenance of Certification (MOC)

Successful completion of this CME activity enables the participant to earn up to 6.0 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC points.

Continuing Nursing Education

UT Southwestern University Hospitals is an approved provider of continuing nursing education by the Texas Nurses Association – Approver, an accredited approver with distinction by the American Nurses Credentialing Center's Commission on Accreditation.

This activity provides 6.08 contact hours of continuing nursing education.

Learning Outcomes for Nursing Continuing Education

The learning outcome will be measured by the Registered Nurses report of understanding the concepts covered during the symposium as evidenced by their online evaluation responses.

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Credit Information

Physicians and Other Healthcare Professionals

Online course evaluation and course quiz will be available immediately following the conference. The evaluation is an important tool for assessing the effectiveness of this activity as well as for planning future activities. We value your feedback.

CME Certificates will be available online after completion of the evaluation.

<https://cme.utsouthwestern.edu/rp1902b>

You will receive an email with the direct evaluation link upon confirmation of your attendance to the conference. Once you are logged in, select "take course", complete the evaluation and quiz, and claim your certificate. If you have any questions regarding your certificate, you may direct them to: cmeregistrations@utsouthwestern.edu

Maintenance of Certification

To claim ABIM MOC Part 2 credit, complete the quiz and evaluation and MOC participant information via <https://cme.utsouthwestern.edu/rp1902b>.

Continuing Nursing Education

Requirements for Successful Completion of Activity

- Sign in on the attendance roster
- Provide email address – write legibly
- Attend the entire activity
- Complete and submit the online Evaluation Tool - **Link sent post-activity to the email address provided (Please review spam and junk mail folders for the link.)**
- **Certificate is available to print once evaluation is completed**
- The email will be sent from the Department of Clinical Education and Professional Practice at UT Southwestern University Hospitals, NOT the CME office
- For questions, or if the evaluation link if not received by March 1, 2019, please contact clinicaleducation@UTSouthwestern.edu

Syllabus

Presentations will be made available through <https://cme.utsouthwestern.edu/rp1902b/slides> for presentations where permission has been granted to post.

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CME Course Faculty

Course Directors

Kerry Dunbar, M.D., Ph.D.

Section Chief, Dallas VA Medical Center
Associate Professor - Department of Internal Medicine
Division of Digestive and Liver Diseases
UT Southwestern Medical Center - Dallas, Texas

William Santangelo, M.D.

Professor - Department of Internal Medicine
Division of Digestive and Liver Diseases
UT Southwestern Medical Center - Dallas, Texas

Guest Faculty

Prakash Gyawali, M.D.

Professor of Medicine
Director, Neurogastroenterology and Motility
Program Director, GI Fellowship Program
Washington University School of Medicine

UT Southwestern Department of Internal Medicine, Division of Digestive & Liver Diseases

- **Deepak Agrawal, M.D.**
Associate Professor
- **Tasneem Ahmed, D.O.**
Assistant Professor
- **Filoshia Barrow BSN, RN**
RN II Charge Nurse
- **Byron Cryer, M.D.**
Associate Dean - Faculty Diversity and Development
Professor, *John C. Vanatta III Professorship*
- **Annie Feagins, M.D.**
Associate Professor
- **David Fudman, M.D.**
Assistant Professor
- **Sravanya Gavini, M.D., M.P.H.**
Assistant Professor
- **John Mansour, M.D.**
Associate Professor - Department of Surgery
Chief - Surgical Oncology
- **Christian Mayorga, M.D.**
Assistant Professor
- **Anna Tavakkoli, M.D.**
Assistant Professor
- **Maria Tian, M.D.**
Assistant Professor
- **Dutch Vanderveldt, M.D.**
Assistant Professor
- **Roopa Vemulapalli, M.D.**
Associate Professor

Planning Committee (UT Southwestern Medical Center)

- **Ezra Burstein, M.D., Ph.D.**
Chief, Division of Digestive & Liver Diseases
- Allen Kirby, MBA, BSN, RN
- Elizabeth Godly, BSN, RN

Peer Reviewers (UT Southwestern Medical Center)

- **William Harford, M.D.**
Professor
- **Luke Engelking, M.D., Ph.D.**
Assistant Professor

Disclosures

Disclosure of Commercial Interest

As an organization accredited by the Accreditation Council for Continuing Medical Education (ACCME), The University of Texas Southwestern Medical Center, Office of Continuing Medical Education (UTSW CME) requires that the content of CME activities and related materials provide balance, independence, objectivity, and scientific rigor. Planning must be free of the influence or control of a commercial entity, and promote improvements or quality in healthcare. All persons in the position to control the content of an education activity are required to disclose all relevant financial relationships in any amount occurring within the past 12 months with any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on patients.

The ACCME defines “relevant financial relationships” as financial relationships in any amount occurring within the past 12 months that create a conflict of interest. The UTSW Office of CME has implemented a mechanism to identify and resolve all conflicts of interest prior to the activity. The intent of this policy is to identify potential conflicts of interest so participants can form their own judgments with full disclosure of the facts. Participants will be asked to evaluate whether the speaker’s outside interests reflect a possible bias in the planning or presentation of the activity.

Faculty Disclosures

Speaker Name	Name of Commercial Interest	Nature of Relevant Relationship
Tasneem Ahmed, D.O.	Abbvie	Independent Contractor Speaker
Byron Cryer, M.D.	Horizon Pharma PLx Pharma Ritter Pharmaceuticals	Independent Contractor Consultant Consultant
Annie Feagins, M.D.	Takeda	Grant or Contract
Prakash Gyawali, M.D.	Medtronic Diversatek Quintiles Torax Ironwood	Independent Contractor Independent Contractor Independent Contractor Independent Contractor Independent Contractor

Disclosure of Unlabeled Use

This educational activity may contain discussion of published and/or investigational uses of agents that are not approved by the U.S. Food and Drug Administration. For additional information about approved uses, including approved indications, contraindications, and warnings, please refer to the prescribing information for each product, or consult the Physicians’ Desk Reference.

Disclaimer

This symposium has been planned to be well-balanced and objective in discussion of comparative treatment regimens, and the symposium format allows for the free scientific exchange of ideas. Information and opinions offered by the speakers represent their viewpoints. Conclusions drawn by the audience should be derived from careful consideration of all available scientific information.

Acknowledgements

Educational Grants

The University of Texas Southwestern Medical Center gratefully acknowledges educational grants from the following companies in support of this CME activity:

Gilead Sciences, Inc.

Salix Pharmaceuticals, Inc.

Shire Human Genetic Therapies, Inc.

Celgene Corporation

Exhibitors

The University of Texas Southwestern Medical Center gratefully acknowledges the exhibitors from the following companies in support of this CME activity:

AbbVie

Boston Scientific Corporation

Exact Sciences

Gilead Sciences

Janssen Biotech, Inc.

Olympus America

Pfizer Biosimilars

Salix Pharmaceuticals

Shire Pharmaceuticals

Takeda Pharmaceuticals U.S.A., Inc.

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Special Assistance and Dietary Needs, Photography Policy

- **Americans with Disabilities Act:** In compliance with the Americans with Disabilities Act, UTSW will make reasonable efforts to accommodate persons with disabilities. Please see the Registration Desk with your special assistance needs.
- **Dietary Needs:** Continental breakfast, refreshment breaks, and lunch are provided. Please see the Registration Desk with your specific dietary needs.
- **Photography Policy:** Any person attending may be photographed or videotaped, and by your attendance, you give permission to use your image in possible future marketing publications including print, online, and video.

Mobile Phones/Pagers

As a courtesy to the speakers and fellow participants, please silence all mobile phones/pagers.

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Agenda

			Speaker
7:30 AM	8:00 AM	Breakfast and Registration	
8:00 AM	9:55 AM	<u>Session 1</u>	
		Introduction	Kerry Dunbar, M.D., William Santangelo, M.D.
		New Algorithms in IBD Management	Tasneem Ahmed, D.O.
		Safety Issues and Health Monitoring in IBD	Annie Feagins, M.D.
		Celiac and Non-Celiac Gluten Sensitivity	Roopa Vemulapalli, M.D.
		Microscopic Colitis	David Fudman, M.D.
9:55 AM	10:15 AM	Break / Meet the Sponsors	
10:15 AM	11:00 AM	<u>Session 2: Keynote</u>	
		Achalasia: State of the Art Treatment in 2019	Prakash Gyawali, M.D. Guest Speaker Washington University School of Medicine
11:00 AM	11:50 AM	<u>Session 3</u>	
		Probiotics in the Management of GI Disorders	Byron Cryer, M.D.
		Eosinophilic Esophagitis	Sravanya Gavini, M.D., M.P.H.
11:50 AM	1:05 PM	Extended Lunch / Reception	
1:05 PM	3:55 PM	<u>Session 4</u>	
		Intestinal Metaplasia and Gastroesophageal Cancer	Kerry Dunbar, M.D., Ph.D.
		Management of Pancreatic Pre-Malignant Lesions	<i>Speakers/Panel:</i> John Mansour, M.D., Anna Tavakkoli, M.D., Dutch Vanderveldt, M.D. <i>Moderator:</i> Dutch Vanderveldt, M.D.
		Colorectal Cancer Screening in Unique and Diverse Populations	Christian Mayorga, M.D.
		Case-Based Issues in Colonoscopy	<i>Speakers/Panel:</i> Filoshia Barrow, BSN, RN, Deepak Agrawal, M.D., Maria Tian, M.D. <i>Moderator:</i> Deepak Agrawal, M.D.