

THE NEXT HORIZON OF STROKE CARE:

2016 UT Southwestern Stroke Symposium

Stroke Symposium Saturday, November 5, 2016 • UT Southwestern

6th Annual Stroke Symposium for Health Care Professionals

UT Southwestern Medical Center
Building D
(Lower Level)
5323 Harry Hines Blvd.
Dallas, TX 75390

Sponsored by UT Southwestern

Peter O'Donnell Jr. Brain Institute's
Department of Neurology and
Neurotherapeutics and the Department
of Continuing Medical Education

Accreditation

UT Southwestern Medical Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Purpose & Content

The symposium will review state-of-the-art practice in the acute management of stroke, while identifying new topics to complement the practice. The featured topics include:

- Acute decision making for possible treatment in wake-up stroke
- Treatment of stroke during pregnancy
- Use of reversal agents with novel oral anticoagulants during acute bleeding
- New labeling of IV Alteplase

We also will explore:

- Controversial topic of early mobility in acute stroke, from a rehabilitation expert
- Primary and secondary prevention of stroke in women
- Featured talk on migraine with aura
- Insights from cardiology regarding new FDA-approved PF closure devices with data
- Common medication problems in acute stroke management, presented by a pharmacy expert
- Strategies to increase opportunities from getting research manuscripts published from national nurse expert

Objectives

- Address treatment of acute stroke in pregnancy
- Identify potential issues with medication administration in acute stroke care
- Explain new treatment options for PFO closure in secondary prevention of paradoxical emboli stroke
- Discuss the hot topic of wake-up stroke and treatment options
- Analyze the AVERT trial data and define early mobilization in acute stroke
- Update on IV TPA labeling
- Describe choices in reversal in acute bleeding in presence of novel oral anticoagulants
- Share implications of primary and secondary prevention of stroke in women
- Focus on treatment of migraine with aura and stroke risk
- Review strategies to successfully submit research manuscripts (presented by the editor-in-chief of *Journal of the American Association of Neuroscience Nurses*)

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Peter O'Donnell Jr. Brain Institute
Department of Neurology and Neurotherapeutics

Credit Designation

Physicians: The University of Texas Southwestern Medical Center designates this live activity for a maximum of 6.5 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nurses: Continuing Nursing Education (CNE) contact hours pending approval.

Conflict of Interest

It is UT Southwestern's policy that participants in CME activities should be made aware of any affiliation or financial interest that may affect the speaker's presentation(s). Each speaker has completed and signed a conflict of interest statement. The faculty members' relationships will be disclosed in the course syllabus.

Discussion of Off-Label Use

Because this course is meant to educate providers with what is currently in use and what may be available in the future, there may be "off-label" use discussed in the presentations. Speakers have been requested to inform the audience when off-label use is being discussed.

Course Director:

Mark J. Alberts, M.D., FAHA—Professor and Vice Chair of Hospital Neurology, Department of Neurology & Neurotherapeutics, UT Southwestern Medical Center, Dallas, TX

Course Co-Director:

Amanda Dirickson, M.S., APRN, ANP-C, SCRNP—Adult Nurse Practitioner, Department of Neurology & Neurotherapeutics, UT Southwestern Medical Center, Dallas, TX

Invited Guest Speaker:

Gretchen M. Brophy, Pharm.D., FCCP, FCCM, BCPS—Professor of Pharmacology, Virginia Commonwealth University, School of Pharmacy (Richmond, VA)

Claudia Beal, Ph.D., RN—Associate Professor, Baylor University, Louise Herrington School of Nursing (Dallas, TX)

UT Southwestern Medical Center Faculty (Dallas, TX):

Mark J. Alberts, M.D., FAHA—Professor and Vice Chair of Hospital Neurology, Neurology and Neurotherapeutics

Dharam J. Kumbhani, M.D., SM, MRCP, FACC, FAHA, FSCAI—Assistant Professor, Interventional Cardiology

Robin Novakovic, M.D.—Associate Professor, Radiology; and Neurology and Neurotherapeutics

Benjamin Nguyen, M.D.—Professor, Physical Medicine and Rehabilitation

Kimberly H. Oas, MSN, RN, FNP-BC—Assistant Director of Advanced Practice Providers, Peter O'Donnell Jr. Brain Institute

Dai Wai Olson, Ph.D., RN—Associate Professor Neurology and Neurotherapeutics; Neurological Surgery

Shivani Patel, M.D.—Assistant Professor, Obstetrics and Gynecology

Chris Rubio, MBA, FACHE—Associate Vice President of Neurosciences, Peter O'Donnell Jr. Brain Institute

Edward Stehel, M.D.—Assistant Professor, Radiology

Stroke Symposium 2016: The Next Horizon of Stroke Care

November 5, 2016

7-7:30 a.m. Registration & Breakfast

7:30-7:45 a.m. Welcoming Remarks
Chris Rubio, MBA, FACHE

7:45-8:45 a.m. Pregnancy and Stroke: Causes and Treatment Approaches
Shivani Patel, M.D.

8:45-9:15 a.m. Early Mobilization After Stroke
Benjamin Nguyen, M.D.

9:15-9:30 a.m. Questions

9:30-9:40 a.m. Break & Exhibits

**9:40-10:40 a.m. Texas Two Step:
Wake-Up Stroke – Should We Treat?**

9:40-10:10 a.m. Step 1: Take a Picture!
Edward Stehel, M.D.

10:10-10:40 a.m. Step 2: Make a Decision!
Robin Novakovic, M.D.

10:40-10:55 a.m. Panel Discussion

10:55-11:30 a.m. Risk of Stroke in Patients with Migraine
Kimberly H. Oas, MSN, RN, FNP-BC

**11:40 a.m.-12:25 p.m. Lunch and Learn & Exhibits
Write Like You Mean It!
Tips on Getting Published**
*Dai Wai Olson, Ph.D., RN
Editor-in-Chief, Journal of the American
Association of Neuroscience Nurses (JAAN)*

12:30-2 p.m. Break Out Sessions

**12:30-1:20 p.m. Session A:
Nursing Focus Area (D1.600)**
Down the Hatch! What Can Go Wrong with Medication Administration in Stroke Care?
Gretchen M. Brophy, Pharm.D., FCCP, FCCM, BCPS

1:20-2:00 p.m. Gender and Stroke: Implications for Primary and Secondary Prevention
Claudia Beal, Ph.D., RN

**12:30-1:20 p.m. Session B:
Advanced Clinical Management (D1.602)**
PFO Closure in Cryptogenic Stroke: New Trial Evidence
Dharam J. Kumbhani, M.D., SM, MRCP, FACC, FAHA, FSCAI

1:20-2:00 p.m. Practical Consideration of Reversal of Novel Anticoagulants
Mark J. Alberts, M.D., FAHA

2-2:15 p.m. Break

**2:15-2:45 p.m. New FDA labelling of Tissue Plasminogen Activator (IV TPA):
What's Up with That?**
Mark J. Alberts, M.D., FAHA

2:45-3 p.m. Questions & Adjourn

Registration

Registration entitles the participant to attend the conference, obtain all course materials, and receive a continental breakfast, lunch, and refreshment breaks during the meeting.

Enrollment is confirmed upon receipt of the registration form. Please register early. We cannot guarantee course materials on-site to anyone registering after October 26, 2016.

Register online at: cme.utsouthwestern.edu/rp1611c

Location

UT Southwestern Medical Center
Building D
(Lower Level)
5323 Harry Hines Blvd.
Dallas, TX 75390



Parking

Parking is available in the Visitor Parking Lot 7. From Harry Hines Blvd, turn West onto Senator Kay Bailey Hutchinson Drive. Turn right after the Info Booth. Walk across the Donald Seldin Plaza, down the stairs next to the Visitor Information Center, and into the D Building.

Monday - Friday: There is a daily \$3 parking fee (no re-entry) unless specified covered by event.

Saturday-Sunday: Parking is complimentary

Additional Information

For additional information, please call the Office of Continuing Medical Education at 214-648-3138, or email cmeregistrations@utsouthwestern.edu.

To obtain information on other UT Southwestern programs, you can access the Office of Continuing Medical Education's home page at utsouthwestern.edu/cme.

Program Accessibility

We accommodate people with disabilities. Please call 214-648-3138 for more information, or mark the space indicated on the registration form. To ensure accommodation, please register as soon as possible.

The University of Texas Southwestern Medical Center is committed to providing programs and activities to all persons regardless of race, color, national origin, religion, sex, age, veteran status, or disability.

UT Southwestern is an equal opportunity institution.

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Registration Form

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#RP1611C

Register online at: cme.utsouthwestern.edu/rp1611c



Registration Instructions

The UT Southwestern Medical Center Office of CME has transitioned to a new online registration system.

After clicking on the registration link, you will be prompted to log in to an account within the online system in order to register. If you have not previously registered for any courses, you must first create a user profile and then can go back and register for the course.

If you have already created a user profile, please log in to your account and then register by clicking on "Take Course," located at the bottom of the page on the course site.

We accept only credit card payments online. For other payment options, please contact our office directly at 214-648-3138 or cmeregistrations@utsouthwestern.edu

Registration Fee

Physicians: \$85

Nurses, Nurse Practitioners, Physicians Assistants: \$65

Health Care Professionals: \$50

UT Southwestern Staff: \$25

Parkland Staff: \$25

THR Dallas Staff: \$25

UT Southwestern Faculty: Complimentary

UT Southwestern Neurology Residents/Fellows/Students:
Complimentary

Syllabus Information

The syllabus, as well as any missing presentations, will be available for download on the conference website approximately one week after the conference.

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Not printed or mailed at State expense

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