

# Neuromuscular Disease: PNS and CNS Manifestations!

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# Case 1

- **CC:** Weakness/numbness/pain in bilateral arms for 2 months
- **HPI:** 44 yo RH CF with a h/o ulnar neuropathy, fibromyalgia pain started abruptly in bilateral arms, has been going on for the past 2 months, worse with chores
- Denies neck pain
- Referred from MS specialist after MRI brain imaging not explaining her symptoms

# HPI

- In the past, she has had recurrent episodes of numbness/tingling/weakness/pain in bilateral median, ulnar distributions with episodic numbness in peroneal distributions that would last weeks to months.
- Denied bowel/bladder involvement
- Also reports multiple neurologic complaints of transient diplopia, tremors, dysautonomia, and gait instability in the past year

# History

**PMHx/Pshx:** as per HPI; Cervical decompression following neck injury

**FHx:**

**Maternal Aunt:** Multiple Sclerosis

Maternal grandmother and mother had foot deformities (hammertoes).

\*19 year-old son has difficulty with his ankles (frequent ankle sprains)

# Neuro Exam

**MENTAL STATUS:** WNL  
(subjective complaints)

**CNs:** WNL

## **MOTOR EXAM**

### **STRENGTH**

**BUE:** FDI & interossei 4/5

APB 2/5

**BLE:** 5/5

### **REFLEXES:**

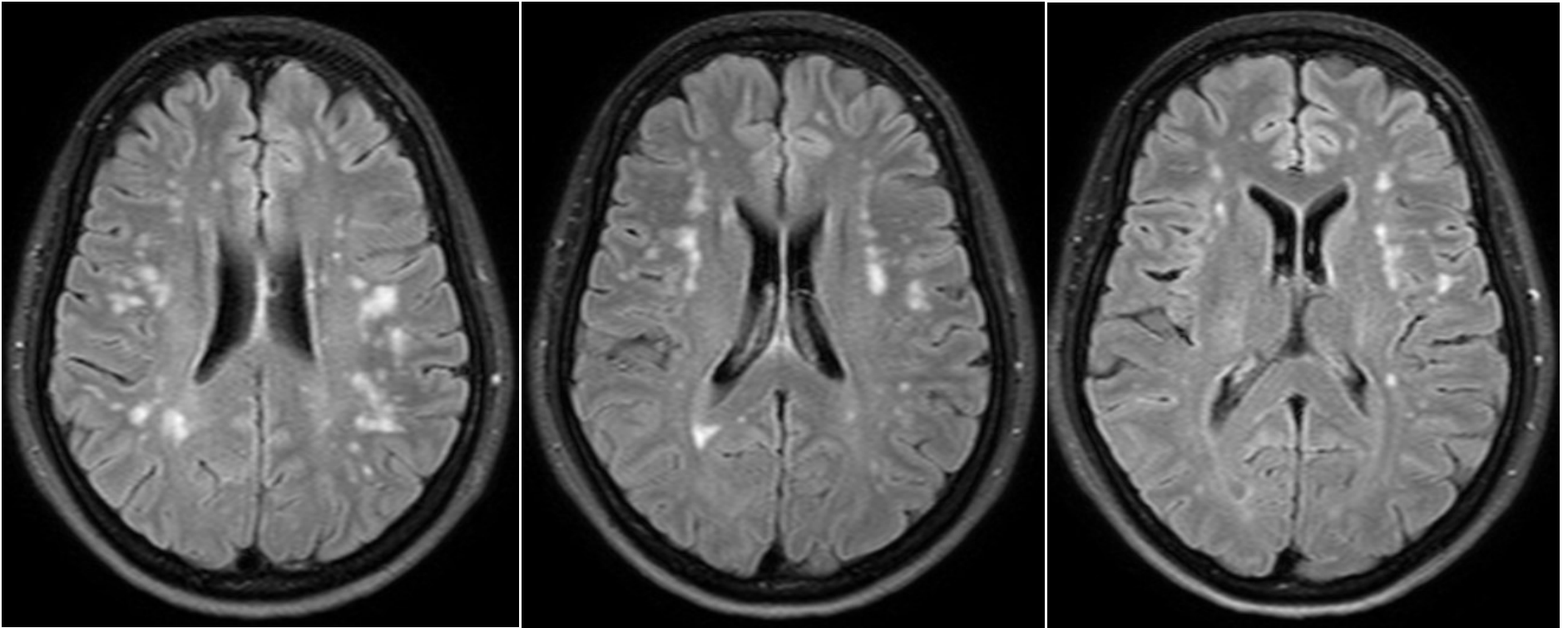
Diminished in BUE

Present in BLE

**SENSATION:** Reduced LT, PP  
and temp in the B/L median and  
ulnar nerve distributions distally

**Other findings:** + Tinel's BUE  
wrists and elbows; **High arched  
feet, hammer toes**

# MRI Brain



**Sensory and Mixed Nerve Conduction:**

| Nerve and Site | Onset<br>Lat ms | Peak<br>Lat ms | Amp<br>$\mu$ V | Segment | Dist<br>mm | CV<br>m/s |
|----------------|-----------------|----------------|----------------|---------|------------|-----------|
|----------------|-----------------|----------------|----------------|---------|------------|-----------|

**Median.R** to Digit II (index finger).R

|       |    |    |    |                               |     |  |
|-------|----|----|----|-------------------------------|-----|--|
| Wrist | NR | NR | NR | Wrist-Digit II (index finger) | 130 |  |
|-------|----|----|----|-------------------------------|-----|--|

**Ulnar.R** to Digit V (little finger).R

|       |     |     |    |                               |     |    |
|-------|-----|-----|----|-------------------------------|-----|----|
| Wrist | 2.4 | 3.0 | 14 | Digit V (little finger)-Wrist | 110 | 46 |
|-------|-----|-----|----|-------------------------------|-----|----|

**Radial.R** to Anatomical snuff box.R

|         |     |     |    |                              |     |    |
|---------|-----|-----|----|------------------------------|-----|----|
| Forearm | 1.8 | 2.4 | 13 | Anatomical snuff box-Forearm | 100 | 56 |
| Forearm | 1.4 | 2.3 | 21 | Anatomical snuff box-Forearm | 100 | 71 |

**Sural.R** to Ankle.R

|           |     |     |   |                 |     |    |
|-----------|-----|-----|---|-----------------|-----|----|
| Lower leg | 2.9 | 3.6 | 6 | Ankle-Lower leg | 140 | 48 |
| Lower leg | 3.2 | 3.8 | 5 | Ankle-Lower leg | 140 | 44 |

**Median.L** to Digit II (index finger).L

|       |    |    |    |                               |     |  |
|-------|----|----|----|-------------------------------|-----|--|
| Wrist | NR | NR | NR | Wrist-Digit II (index finger) | 130 |  |
|-------|----|----|----|-------------------------------|-----|--|

**Ulnar.L** to Digit V (little finger).L

|       |     |     |    |                               |     |    |
|-------|-----|-----|----|-------------------------------|-----|----|
| Wrist | 2.6 | 3.3 | 10 | Digit V (little finger)-Wrist | 110 | 42 |
| Wrist | 2.5 | 3.2 | 9  | Digit V (little finger)-Wrist | 110 | 43 |

**Radial.L** to Anatomical snuff box.L

|         |     |     |    |                              |     |    |
|---------|-----|-----|----|------------------------------|-----|----|
| Forearm | 1.5 | 2.2 | 32 | Anatomical snuff box-Forearm | 100 | 66 |
|---------|-----|-----|----|------------------------------|-----|----|



**Motor Nerve Conduction:**

| Nerve and Site | Lat<br>ms | Amp<br>mV | Segment | Dist<br>mm | Lat Diff<br>ms | CV<br>m/s |
|----------------|-----------|-----------|---------|------------|----------------|-----------|
|----------------|-----------|-----------|---------|------------|----------------|-----------|

**Median.R to APB. (C8-T1).R**

|       |      |     |             |     |     |    |
|-------|------|-----|-------------|-----|-----|----|
| Palm  | 1.9  | 3.0 |             |     |     |    |
| Wrist | 5.8  | 2.1 | Palm-Wrist  | 70  | 3.9 | 17 |
| Elbow | 10.9 | 2.0 | Wrist-Elbow | 225 | 5.1 | 44 |

**Ulnar.R to Abductor digiti minimi m. (C8-T1).R**

|              |      |     |   |     |     |    |
|--------------|------|-----|---|-----|-----|----|
| Wrist        | 3.2  | 9.4 | Abductor digiti minimi m. (C8-T1)-Wrist | 70  | 3.2 |    |
| Below elbow  | 7.5  | 5.0 | Wrist-Below elbow                       | 220 | 4.3 | 51 |
| Above elbow  | 10.1 | 4.7 | Below elbow-Above elbow                 | 100 | 2.6 | 38 |
| Median Wrist | NR   | NR  | Median Wrist                            |     |     |    |
| Median Elbow | 9.6  | 2.9 | Median Wrist-Median Elbow               |     |     |    |

**Median.L to APB. (C8-T1).L**

|       |      |     |             |    |     |    |
|-------|------|-----|-------------|----|-----|----|
| Palm  | 2.1  | 7.6 |             |    |     |    |
| Wrist | 5.8  | 4.4 | Palm-Wrist  | 70 | 3.7 | 19 |
| Elbow | 11.4 | 4.3 | Wrist-Elbow | 10 | 5.6 | 39 |

**Ulnar.L to Abductor digiti minimi m. (C8-T1).L**

|              |      |     |   |     |     |    |
|--------------|------|-----|---|-----|-----|----|
| Wrist        | 2.8  | 7.5 | Abductor digiti minimi m. (C8-T1)-Wrist | 70  | 2.8 |    |
| Below elbow  | 7.6  | 1.9 | Wrist-Below elbow                       | 218 | 4.8 | 45 |
| Above elbow  | 10.5 | 1.7 | Below elbow-Above elbow                 | 100 | 2.9 | 34 |
| Median Wrist | NR   | NR  | Median Wrist                            |     |     |    |
| Median Elbow | 10.7 | 1.7 | Median Wrist-Median Elbow               |     |     |    |



# Multiple bilateral

- SIGNIFICANT improvement in entrapment neuropathies and resolution of partial motor conduction blocks!

*Test(s) Requested:*

PMP22 Gene / Exon Array Analysis to Evaluate for Gene Deletion or Duplication / repeat expansion  
Neuropathy with Liability to Pressure Palsy (HNPP) / Charcot-Marie-Tooth 1A (CMT1A)

*Result:*

**POSITIVE:** Heterozygous for a Deletion of the Entire PMP22 Gene.

# Case 2

- CC:
- HPI:  
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Myelitis

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# Neuro Exam

**MENTAL STATUS:** WNL

**CNs:** WNL

**MOTOR:**

**STRENGTH**

BUE normal except b/l  
interossei 4/5

BLE normal except b/l  
DF/eversion 4/5

**REFLEXES:** Normal

uppers, 2+ patellar, absent  
ankle jerks

**SENSATION:** Stocking

glove decreased sensation  
below knees and elbows  
bilaterally **Gait:** steppage  
gait

# Motor Nerve Conduction:

| Nerve and Site | Lat<br>ms | Amp<br>mV | Segment | Dist<br>mm | Lat Diff<br>ms | CV<br>m/s |
|----------------|-----------|-----------|---------|------------|----------------|-----------|
|----------------|-----------|-----------|---------|------------|----------------|-----------|

## Median.L to Abductor pollicis brevis (C8-T1).L

|       |      |     |  |     |     |    |
|-------|------|-----|--|-----|-----|----|
| Wrist | 6.1  | 6.9 | Abductor pollicis brevis (C8-T1)-Wrist | 70  | 6.1 |    |
| Elbow | 11.4 | 6.6 | Wrist-Elbow                            | 250 | 5.3 | 47 |

## Ulnar.L to Abductor digiti minimi m. (C8-T1).L

|             |      |      |   |     |     |    |
|-------------|------|------|---|-----|-----|----|
| Wrist       | 3.4  | 12.3 | Abductor digiti minimi m. (C8-T1)-Wrist | 70  |     |    |
| Below elbow | 8.1  | 11.0 | Wrist-Below elbow                       | 215 | 4.7 | 46 |
| Above elbow | 14.2 | 5.3  | Below elbow-Above elbow                 | 55  | 5.1 |    |

## Peroneal.L to Extensor digitorum brevis (L4-S1).L

|                 |      |     |   |     |      |    |
|-----------------|------|-----|---|-----|------|----|
| Ankle           | 6.2  | 0.8 | Extensor digitorum brevis (L4-S1)-Ankle | 90  | 6.2  |    |
| Fibula (head)   | 18.7 | 0.7 | Ankle-Fibula (head)                     | 335 | 12.5 | 27 |
| Popliteal fossa | 23.6 | 0.2 | Fibula (head)-Popliteal fossa           | 110 | 4.9  | 29 |

## Peroneal.L to Tibialis anterior (L4-L5).L

|                 |     |     |   |     |     |    |
|-----------------|-----|-----|---|-----|-----|----|
| Fibula (head)   | 3.3 | 2.0 | Tibialis anterior (L4-L5)-Fibula (head) | 115 | 4.0 | 27 |
| Popliteal fossa |     |     |   |     |     |    |

|                   |  |  |  |     |      |    |
|-------------------|--|--|--|-----|------|----|
| Tibialis anterior |  |  |  | 90  | 4.6  |    |
| Ankle             |  |  |  | 335 | 14.4 | 27 |
| Popliteal fossa   |  |  |  |     |      |    |

|          |  |  |  |    |  |  |
|----------|--|--|--|----|--|--|
| Peroneal |  |  |  | 90 |  |  |
| Ankle    |  |  |  |    |  |  |
| Fibula   |  |  |  |    |  |  |

|                 |  |  |  |     |     |    |
|-----------------|--|--|--|-----|-----|----|
| Peroneal        |  |  |  |     | 2.3 |    |
| Fibula          |  |  |  | 130 | 3.0 | 43 |
| Popliteal fossa |  |  |  |     |     |    |

|                 |      |     |                                 |     |      |    |
|-----------------|------|-----|---------------------------------|-----|------|----|
| Tibialis        |      |     |                                 |     |      |    |
| Ankle           | 4.4  | 3.0 | Abductor hallucis (S1-S2)-Ankle | 90  | 4.4  |    |
| Popliteal fossa | 17.5 | 1.2 | Ankle-Popliteal fossa           | 430 | 13.1 | 33 |

Genetics:  
+PMP-22  
gene  
deletion

Multiple  
entrapment  
neuropathies in  
upper and lower

# MRI CERVICAL SPINE WO CONTRAST



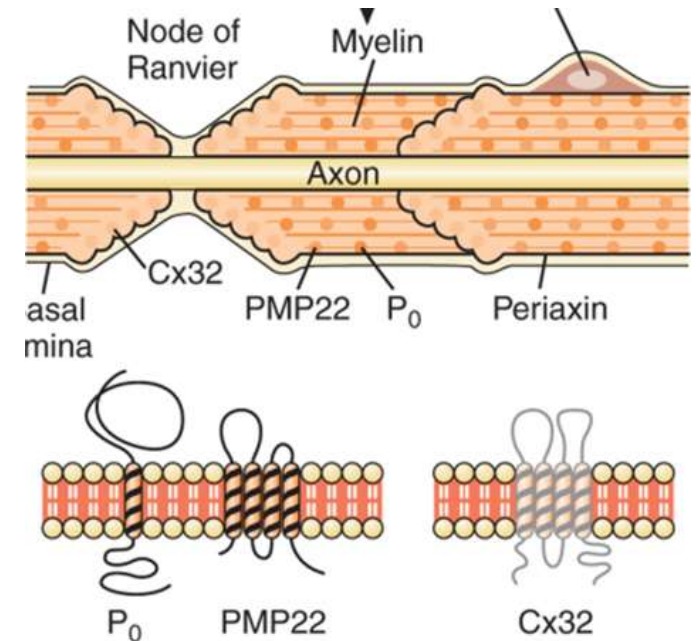


# Hereditary Neuropathy with Liability to Pressure Palsies (HNPP)

- Rare, Autosomal Dominant, Inherited neuropathy characterized by painless recurrent entrapment neuropathies
- Initially described by De Jong in 1947 as “Potato-grubbing Palsy”
  - Family of 4 generations with recurrent entrapment neuropathies
  - Associated with prolonged kneeling during the “potato grab”.

# Peripheral Myelin Protein-22 (PMP-22)

- **What causes HNPP?**
  - Deletion of 1.5-mb deletion on chromosome 17p11.2
  - Heterozygous deletion of PMP-22 (duplication in CMT1A)
- **Function:** Uncertain but thought to be important in myelin stabilization.
- CNS involvement in HNPP is rare

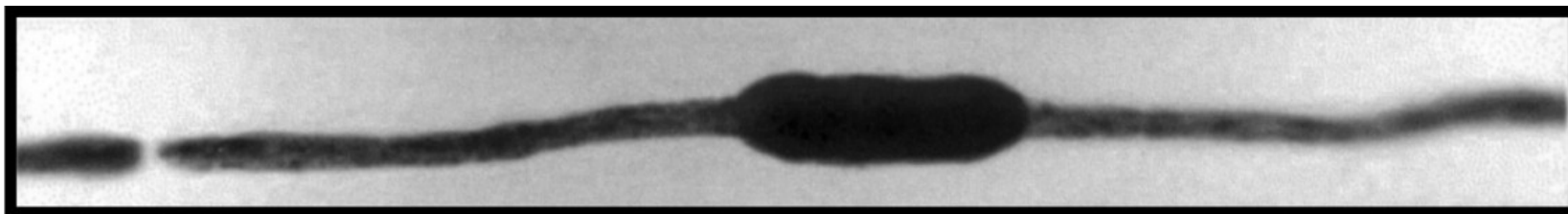


# In our cases...

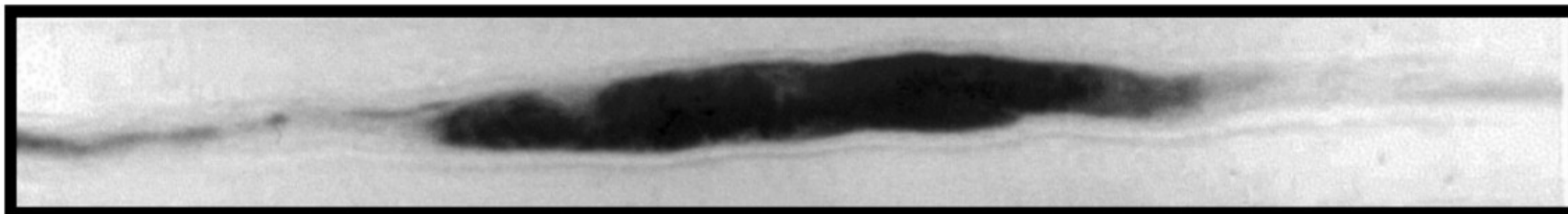
- In both our cases, clinical and subclinical CNS damage seen
- **CNS involvement?**
  - In early development, in the CNS, **PMP22 mRNA** may be expressed in **very low levels in the oligodendrocytes**
  - Thus, studies have suggested a role in CNS myelin development

**CNS involvement rarely reported in HNPP; is there an association?**

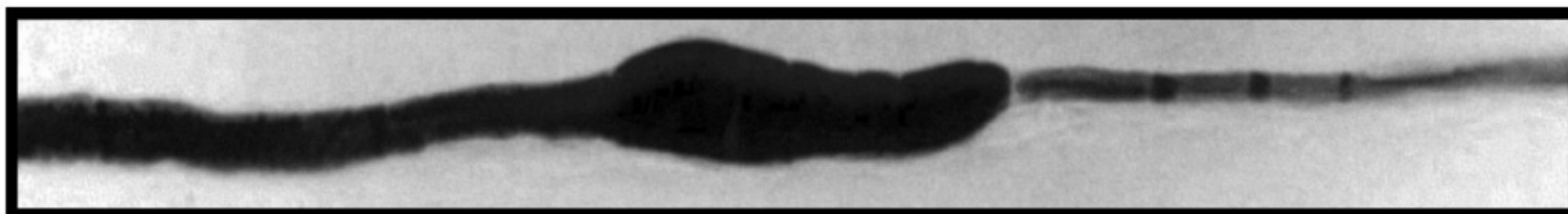
HNPP



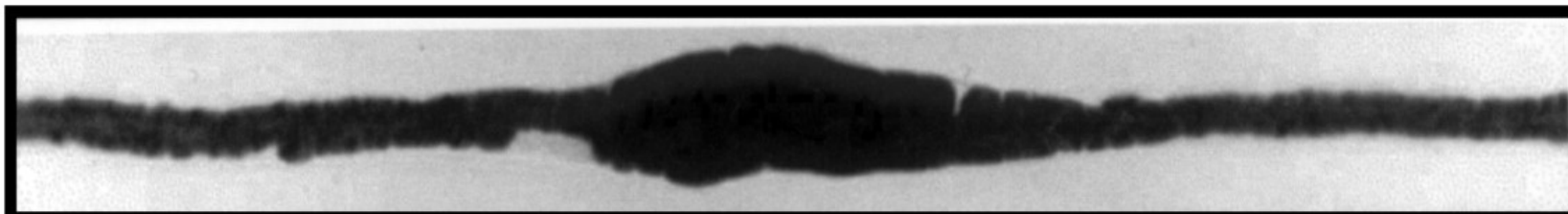
CMT1A



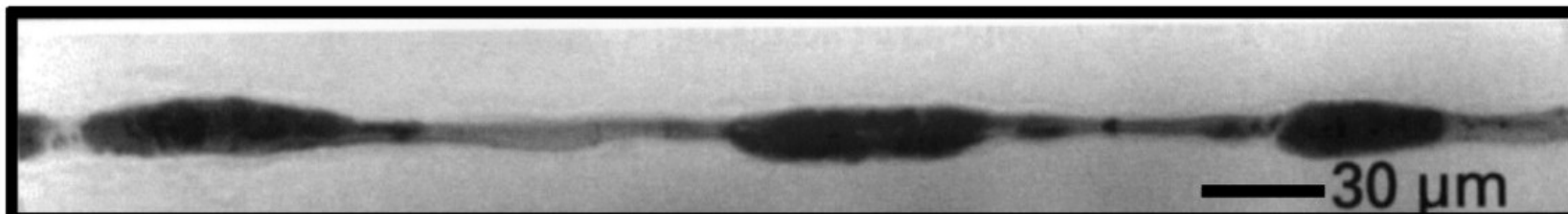
CIDP



IgM PPN



CMT4B



# Cases Reports

- **1995:** Case report by Dr. Barohn et al on a patient with HNPP and CNS demyelination; transient facial/truncal/perineal numbness, CNS demyelination on MRI
- **2005:** Case report by Dr. Sanahuja et al on a family pedigree (18 members) with MRI abnormalities; 9/18 had HNPP, 6/6 with HNPP had MRI abnormalities, nml MRI in 2/2 without HNPP.
- **2006:** Case report by Dr. Tackenberg et al on 7 patients with MRI abnormalities and prolonged mean latencies in blink reflex, jaw-opening reflex, and acoustic evoked potentials; ***Subclinical CNS demyelination***



# Case Reports

- **2013:** Dr. Chanson et al on 15 patients with HNPP all with abnormal DTI, neuropsych testing and volume of GM/WM c/w notable CNS changes
- **2015:** Case report by Dr. Wang et al, on 12 observed to have decreased FA on DTI in Cerebral Normal-Appearing White Matter in HNPP

# DISCUSSION

- Important to consider HNPP in those with CNS demyelination
- Opposing points?
  - Bias: publication bias, population
  - The role of **PMP22** in the CNS has not been established in humans as of yet.
  - Occurrence by chance?
- Create registry for cases to establish association of CNS and PNS in HNPP

# ACKNOWLEDGMENTS

- I thank Dr. Thy Nguyen and Dr. Biliciler for their help in preparing this presentation, they're the best!

## QUESTIONS?

I think we've run out of time...

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