

# Update in Internal Medicine 2020

March 26-28, 2020

[cme.utsouthwestern.edu/rp2003e](https://cme.utsouthwestern.edu/rp2003e)

Register now to attend!

## PURPOSE AND CONTENT

Update in Internal Medicine is an annual three-day conference emphasizing topics requested by our referring physicians, controversies arising from journal clubs, and posed by our trainees. The conference highlights diagnostic and therapeutic solutions based on the most recent clinical science.

The goal is to provide state-of-the-art practical advice on issues identified as frequent items for consultation and second opinions, as well as new advances in applying molecular techniques in translational medicine.

## EDUCATIONAL OBJECTIVES

Upon completion of this activity, participants should be able to:

- *Investigate the appropriate use of direct oral anticoagulants in various clinical scenarios*
- *Utilize a sequential approach to management of type 2 diabetes*
- *Interpret updated guidelines for appropriate management of patients with hypertension*
- *Formulate appropriate diagnosis and management of interstitial lung diseases*
- *Assess causes of proteinuria and hematuria*

## TARGET AUDIENCE

Primary care providers, nurse practitioners, physician assistants, and specialists in Internal Medicine and Family Practice seeking updates in practical knowledge relating to patient care.

## SPONSORED BY

Sponsored by UT Southwestern Department of Internal Medicine and the Office of Continuing Medical Education

Register online at <https://cme.utsouthwestern.edu/rp2003e>

## ACCREDITATION AND DESIGNATION STATEMENT

The University of Texas Southwestern Medical Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Texas Southwestern Medical Center designates this live activity for a maximum of 22.0 AMA PRA Category 1 Credit(s)<sup>™</sup>.

Physicians should only claim credit commensurate with the extent of their participation in the activity.

The University of Texas Southwestern Medical Center certifies that non-physicians will receive an attendance certificate stating that they participated in an activity that was designated for 22.0 AMA PRA Category 1 Credit<sup>™</sup>.

## KEYNOTE SPEAKER

### I.G. BROMBERG MEMORIAL VISITING PROFESSORSHIP

**Elizabeth Harry, M.D.**

Associate Professor of Medicine, Division of Hospital Medicine  
University of Colorado Denver School of Medicine  
Senior Associate Director of Clinical Affairs  
University of Colorado Hospital, Denver, Colorado

## COURSE DIRECTORS

**Srikanth Nagalla, M.D.**

Program Director, Hematology-Oncology Fellowship Program  
Associate Professor, Department of Internal Medicine  
UT Southwestern Medical Center, Dallas, Texas

**James "Brad" Cutrell, M.D.**

Program Director, Infectious Diseases Fellowship Program  
Associate Professor, Department of Internal Medicine  
UT Southwestern Medical Center, Dallas, Texas

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**Thursday, March 26, 2020**

TIME	TOPIC	SPEAKER
7:20 a.m. 7:50 a.m.	Registration & Breakfast	
7:50 a.m. 8:00 a.m.	<b>Welcome and Introduction</b>	Srikanth Nagalla, M.D. and James "Brad" Cutrell, M.D.
<b>Endocrinology</b>		<b>Moderator: Perry Bickel, M.D.</b>
8:00 a.m. 8:40 a.m.	<b>The New Therapies for Type 2 Diabetes</b>	Ildiko Lingvay, M.D.
8:40 a.m. 9:20 a.m.	<b>Controversies in Thyroid Hormone Replacement</b>	Alex Tessnow, M.D.
9:20 a.m. 10:00 a.m.	<b>Inherited Metabolic Disorders, the Role of the PCP</b>	Markey McNutt II, M.D., Ph.D.
10:00 a.m. 10:20 a.m.	Break & Exhibits	
<b>Cardiology</b>		<b>Moderator: Mark Drazner, M.D.</b>
10:20 a.m. 11:00 a.m.	<b>Preventive Cardiology</b>	Amit Khera, M.D.
11:00 a.m. 11:40 a.m.	<b>Atrial Fibrillation</b>	Mark Link, M.D.
11:40 a.m. 11:55 a.m.	<b>Hypertension Guidelines</b>	Angela Price, M.D.
11:55 a.m. 12:30 p.m.	<b>Challenging Cases in HTN</b>	Angela Price, M.D.; Shawna Nesbitt, M.D. and Wanpen Vongpatanasin, M.D.
12:30 p.m. 1:00 p.m.	Lunch	
1:00 p.m. 1:40 p.m.	<b>Update in Interventional Cardiology</b>	Dharam Kumbhani, M.D.
<b>Digestive Diseases</b>		<b>Moderator: Ezra Burstein, M.D.</b>
1:40 p.m. 2:30 p.m.	<b>Update on Hepatocellular Carcinoma</b>	Amit Singal, M.D.
2:20 p.m. 3:00 p.m.	<b>IBD for the Internist</b>	David Fudman, M.D.
3:00 p.m. 3:15 p.m.	Break & Exhibits	
3:15 p.m. 3:55 p.m.	<b>Pancreatic Cancer Prevention</b>	Nisa Kubiliun, M.D.
3:55 p.m. 4:35 p.m.	<b>Bariatric Management Beyond Medical Treatment</b>	Anna Tavakkoli, M.D.
4:35 p.m.	Adjourn	

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**Friday, March 27, 2020**

TIME	TOPIC	SPEAKER
7:30 a.m. 8:00 a.m.	Registration & Breakfast	
<b>Pulmonary Diseases</b>		<b>Moderator: Lance Terada, M.D.</b>
8:00 a.m. 8:40 a.m.	<b>Approach to ILD</b>	John Fitzgerald, M.D.
8:40 a.m. 9:20 a.m.	<b>Overview of Sleep Disorders</b>	Katie Tran, M.D.
9:20 a.m. 10:00 a.m.	<b>Overview of Lung Transplant for the Internist</b>	Vaidehi Kaza, M.D.
10:00 a.m. 10:15 a.m.	Break	
<b>Infectious Diseases and Immunology</b>		<b>Moderator: James "Brad" Cutrell, M.D.</b>
10:15 a.m. 10:55 a.m.	<b>Management of Diabetic Foot Infections</b>	Laila Castellino, M.D.
10:55 a.m. 11:35 a.m.	<b>Travel Medicine for the Internist</b>	Megan McKenna, M.D.
11:35 a.m. 12:10 p.m.	Lunch	
12:10 p.m. 1:00 p.m.	<b>I.G. Bromberg Memorial Visiting Professorship</b>	Elizabeth Harry, M.D.
1:10 p.m. 1:50 p.m.	<b>C. difficile and FMT</b>	Jeffrey Tessier, M.D.
1:50 p.m. 2:30 p.m.	<b>Update in Asthma</b>	Christian Wysocki, M.D., Ph.D.
2:30 p.m. 2:45 p.m.	Break	
<b>Nephrology</b>		<b>Moderator: Orson Moe, M.D.</b>
2:45 p.m. 3:25 p.m.	<b>Volume Excess and Challenges to Diuresis</b>	Kamalanathan Sambandam, M.D.
3:25 p.m. 4:05 p.m.	<b>Nutrition in Kidney Disease</b>	Sarah Huen, M.D.
4:05 p.m. 4:45 p.m.	<b>Approach to Proteinuria and Hematuria</b>	Peter Van Buren, M.D.
4:45 p.m.	Adjourn	

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**Saturday, March 28, 2020**

TIME	TOPIC	SPEAKER
7:30 a.m. 8:00 a.m.	Registration & Breakfast	
<b>Oncology/ Hematology</b>		<b>Moderator: Jonathan Dowell, M.D.</b>
8:00 a.m. 8:40 a.m.	<b>Appropriate Use of DOACs</b>	Siayareh Rambally, M.D.
8:40 a.m. 9:20 a.m.	<b>Cancer Survivorship and the Internist: 2020</b>	Navid Sadeghi, M.D.
9:20 a.m. 10:00 a.m.	<b>Update in Colon Cancer for the Internist</b>	Syed "Ali" Kazmi, M.D.
10:00 a.m. 10:15 a.m.	Break	
10:15 a.m. 10:55 a.m.	<b>Low grade lymphomas and leukemias: updates</b>	Farrukh Awan, M.D.
<b>Rheumatology</b>		<b>Moderator: David Karp, M.D., Ph.D.</b>
10:55 a.m. 11:35 a.m.	<b>Rheumatoid Arthritis</b>	Elizabeth "Blair" Solow, M.D.
11:35 a.m. 12:15 p.m.	<b>Diagnostic Approach to Rheumatic Diseases</b>	David Karp, M.D., Ph.D.
12:15 p.m. 1:00 p.m.	Lunch	
<b>Palliative Care and Ethics</b>		
1:00 p.m. 2:00 p.m.	<b>Communication: A High Risk Procedure</b>	Caitlin Siropaides, D.O.
<b>General Internal Medicine</b>		<b>Moderator: Ethan Halm, M.D.</b>
2:00 p.m. 2:40 p.m.	<b>Update in GIM Part 1</b>	Kati Avila, M.D. and Ahmad Anshasi, M.D.
2:40 p.m. 3:20 p.m.	<b>Update in GIM Part 2</b>	Lianne Cagnazzi, M.D. and Prasanna Khandavilli, M.D.
3:20 p.m.	Adjourn	