

PURPOSE AND CONTENT

Internal medicine is expanding at a fast pace. Every year, new therapies are developed and new guidelines and standards of care are recommended across the spectrum of diseases we manage. Busy primary care physician and internists are faced with the growing challenge of keeping abreast of all the advances.

The annual Update in Internal Medicine CME Conference is designed to help clinicians meet the challenge. The course will offer state-of-the-art, practical advice on common conditions and exciting new developments such as advances in applying molecular techniques in translational medicine.

Due to the continued COVID-19 pandemic, the 2022 conference will present a hybrid learning approach of a one-day live and synchronous online presentations and pre-recorded on-demand presentations. The content will be available for up to one year after the conference totaling 18 units CME credit and the opportunity to apply for MOC within the timing requirements of the ABIM rules.

EDUCATIONAL OBJECTIVES

Upon completion of this activity, participants should be able to:

- Apply appropriate colon cancer screening approaches and intervals based on patient risk.
- Utilize an evidence-based, systematic approach to anti-hyperglycemic medication selection based on cardiac risk.
- Utilize an evidence-based approach to COVID-19 based on the stage and severity of disease.
- Develop an evidence-based approach to outpatient musculoskeletal complaints for initial diagnosis and management.

- Identify key novel treatment approaches to renal and bladder cancers and their common associated side effects.
- Develop an evidence-based framework for approaching conversations around end-of-life and goals of care discussions with patients with serious illness.
- Develop a diagnostic approach to primary hyperaldosteronism in patients with resistant HTN.
- Examine the role of new molecularly targeted therapies in the management of bronchiectasis due to CF.
- Develop a systematic approach to hyponatremia and hypernatremia diagnosis and treatment.

TARGET AUDIENCE

This CME Conference is designed for: primary care providers, nurse practitioners, physician assistants, and specialists in Internal Medicine and Family Practice seeking updates in practical knowledge relating to patient care.

SPONSORED BY

This CME Conference is sponsored by UT Southwestern Department of Internal Medicine and the Office of Continuing Medical Education.

ACCREDITATION AND DESIGNATION STATEMENT

The University of Texas Southwestern Medical Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Texas Southwestern Medical Center designates this live educational activity for a maximum of 18.0 AMA *PRA Category1 Credit* $^{\text{TM}}$. Physicians should only claim credit commensurate with the extent of their participation in the activity.



LIVE SESSION – SATURDAY, APRIL 2, 2022		
TIME	TOPIC	SPEAKER
7:45 a.m. 8 a.m.	Welcome	James "Brad" Cutrell, M.D. and
		Carol Croft, M.D.
8 a.m. 8:30 a.m.	A Cardiologist Perspective on Antihyperglycemic	Darren McGuire, M.D.
	Therapy for Type 2 DM	
8:30 a.m. 9 a.m.	Colon Cancer Prevention and Polyp Management	Divya Bhatt, M.D.
9 a.m. 9:30 a.m.	Update on HHT	John Battaile, M.D.
9:30 a.m. 9:45 a.m.	Q&A/Break	
9:45 a.m. 10:15 a.m.	Hyperaldosteronism	Sasan Mirfakhraee, M.D.
10:15 a.m. 10:45 a.m.	Updates in Renal and Bladder Cancer for	Tian Zhang, M.D.
	the Internist	
10:45 a.m. 11:15 a.m.	Rheumatology Pearls for the Internist	Fatemeh Ezzati, M.D.
11:15 a.m. 11:30 a.m.	Q&A/Break	
11:30 a.m. 12 p.m.	Lunch Break & Exhibits	
12 p.m. 12:30 p.m.	Approach to Outpatient Musculoskeltal Complaints	Ahmad Anshasi, M.D. and
		Kat Avila, M.D.
12:30 p.m. 1 p.m.	Diagnosis and Management of Respiratory Viruses	Francesca Lee, M.D.
1 p.m. 1:15 p.m.	Q&A/Break	
1:15 p.m. 1:45 p.m.	Updates on Stroke	Erica Jones, M.D.
1:45 p.m. 2:15 p.m.	Diabetic Nephropathy	Swati Lederer, M.D.
2:15 p.m. 2:45 p.m.	COVID-19 Update: Where are we now?	James "Brad" Cutrell, M.D.
2:45 p.m. 3 p.m.	Q&A and Wrap-Up	James "Brad" Cutrell, M.D. and
		Carol Croft, M.D.

PRE-RECORDED SESSIONS – AVAILABLE ON DEMAND

TOPIC (30-Minute Presentations)

Robotic Assisted Bronchoscopy for the Diagnosis of Lung Nodules

New Therapies in Cystic Fibrosis

Approach to Non-TB Mycobacterial Infections for the Internist

Outpatient Antibiotic Stewardship

Approach to ChIP

Melanoma Update

Monoclonal Gammopathies

ETHICS PRESENTATION (1 Hour Presentation):

Communication: A High Risk Procedure

Crystalline Arthropathies

Cardiac Amyloidosis: Not a Zebra Anymore

What's New in CHF Therapy?

New Frontiers in Lipid Therapy

Diabetes Technology Update

Osteoporosis

Hyponatremia and Hypernatremia

Peritoneal Dialysis

Race and eGFR

Alcohol-related Liver Disease

Approach to Functional Bowel Disorders for the Internist

Update on Non-alcoholic Fatty Liver Disease

Lung Cancer Screening

Updates on the Preoperative Evaluation

SPEAKER

Kim Styrvoky, M.D.

Leah Cohen, M.D.

Christian Larsen, M.D.

Donald Storey, M.D.

Ibrahim Ibrahim, M.D.

Jade Homsi, M.D.

Gurbakhash Kaur, M.D.

Caitlin Siropaides, D.O. and

Winnie Wang, M.D.

Nilofar Syed, M.D.

Justin Grodin, M.D.

Jennifer Thibodeau, M.D.

Ann-Marie Navar, M.D., Ph.D.

Marconi Abreu, M.D.

Dwight Towler, M.D., Ph.D.

Henry Quinones, M.D.

Ramesh Saxena, M.D., Ph.D.

Bethany Roehm, M.D.

Thomas Cotter, M.D.

Ariel Aday, M.D.

Maddie Kubiliun, M.D.

David Balis, M.D.

Michael Burton, M.D.