

What's New in GI 2023

UTSouthwestern
Medical Center

What's New in GI 2023

Saturday, February 25, 2023

**Presented by the UT Southwestern Department of Internal Medicine:
Division of Digestive and Liver Diseases and the Office of Continuing Education**

cme.utsouthwestern.edu/rp2302c

Course Directors

Kerry Dunbar, M.D., Ph.D., Neha Patel, M.D., David Fudman, M.D.

Purpose and Content

What's New in GI will provide attendees with practical information that can be applied today in their clinical practice. Discussions will include the latest updates on recognizing symptoms and using current data to establish diagnoses and formulate appropriate treatment plans for the management of gastrointestinal diseases. Several topics will be presented at this one-day symposium through lectures and Q&A sessions from UT Southwestern experts in the field of gastroenterology. This course is designed for gastroenterologists, GI surgeons, internal medicine physicians, family practice physicians, nurse practitioners, physician assistants, and other health care providers with an interest in gastroenterology.

Educational Objectives

Upon completion of this activity, participants should be able to:

1. Describe the benefits of different medications and when to select in treating IBD.
2. Identify conditions that may mimic IBD. Explain dietary advances that would benefit GI patients.
3. Explain concerns IBD patients may have regarding the COVID-19 vaccines.
4. Identify diagnosis methods and treatment options for refractory heartburn.
5. Describe diagnosis techniques for functional dyspepsia.
6. Explain dietary advances that would benefit GI patients.
7. Describe clinical recommendations for colorectal cancer screening in patients with differing risk levels.
8. Explain the potential complications that can occur with bariatric surgery and the appropriate management.
9. Describe the criteria for choosing Endoscopic Mucosal Resection (EMR) and Endoscopic Submucosal Dissection (ESD) polypectomy for advanced lesions.

Target Audience

This activity is intended for Physicians, Nurse Practitioners, Physician Assistants, and Nurses in the specialties of Gastroenterology, Hepatology, Family Practice, Internal Medicine, Colon and Rectal Surgery and , Surgical Oncology

Educational Methods

Live activity featuring lectures and interactive Q&A

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Accreditation and Credit Designation Statements

The University of Texas Southwestern Medical Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



The University of Texas Southwestern Medical Center designates this live activity for a maximum of **6.0 AMA PRA Category 1 Credits™**. Participants should claim only the credit commensurate with the extent of their participation in the activity.

The University of Texas Southwestern Medical Center certifies that non-physicians will receive an attendance certificate stating that they participated in the activity that was designated for **6.0 AMA PRA Category 1 Credit(s)™**.

ABIM MOC Credit



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 6.0 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Evaluations and Certificates

Online course evaluations addressing program content, presentation, and possible bias will be available 3-5 business days after the conference. The evaluation is an important tool for assessing the effectiveness of this activity as well as for planning future activities. We value your feedback.

CME and Attendance Certificates will be available online at cme.utsouthwestern.edu after completion of the online evaluation. An account must be created at cme.utsouthwestern.edu in order to claim/view credit. Instructions are available upon request for creating this profile. If you have any questions regarding your certificate, you may direct them to: cmeregistrations@utsouthwestern.edu

Maintenance of Certification

To claim ABIM MOC Part 2 credit, complete the MOC participant information form and post-test via the course outline in cme.utsouthwestern.edu/rp2302c. Once you are logged in, select "take course", and browse to the Post-Test and MOC Participant Information form. A passing score of 75% is required to pass the post-test. Both components must be completed by March 31, 2023 to receive credit.

Disclaimer

This CME program or activity has been planned to be well-balanced and objective in discussion of comparative treatment regimens, and allows for the free scientific exchange of ideas. All treatment recommendations in a CME program or activity must be based on evidence that is accepted within the profession of medicine as adequate justification for their indications and contraindications in the care of patients. All scientific research referred to, reported, or used in CME in support or justification of a patient care recommendation conforms to the generally accepted standards of experimental design, data collection, and analysis. Information and opinions offered by the speakers represent their viewpoints. Conclusions drawn by the audience should be derived from careful consideration of all available scientific information.

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Faculty

Course Directors, Moderators

Kerry Dunbar, M.D., Ph.D.

Professor
Department of Internal Medicine,
Division of Digestive and Liver Diseases
Associate Program Director,
Internal Medicine Residency Program
UT Southwestern Medical Center
Section Chief, Dallas VA Medical Center

Neha Patel, M.D.

Assistant Professor
Department of Internal Medicine,
Division of Digestive and Liver Diseases
UT Southwestern Medical Center

David Fudman, M.D.

Assistant Professor
Department of Internal Medicine,
Division of Digestive and Liver Diseases
UT Southwestern Medical Center

Planning Committee

Ezra Burstein, M.D., Ph.D.

Berta M. and Dr. Cecil O. Patterson Chair in Gastroenterology
Professor & Division Chief
Department of Internal Medicine,
Division of Digestive and Liver Diseases

Keynote Speaker

Darren M. Brenner, MD, AGAF, FACG, RFF

Professor of Medicine and Surgery
IDP Foundation Research Scholar
Director—Northwestern
Neurogastromotility and Functional
Bowel Programs
Northwestern University Feinberg School
of Medicine

Speakers

Moheb Boktor, M.D.

Associate Professor
Department of Internal Medicine,
Division of Digestive and Liver Diseases
UT Southwestern Medical Center

Kerry Dunbar, M.D., Ph.D.

Professor
Department of Internal Medicine,
Division of Digestive and Liver Diseases
Associate Program Director,
Internal Medicine Residency Program
UT Southwestern Medical Center
Section Chief, Dallas VA Medical Center

Benjamin Elsbernd, M.D.

Assistant Professor
Department of Internal Medicine,
Division of Digestive and Liver Diseases
UT Southwestern Medical Center

Ngozi Enwerem, M.D.

Assistant Professor
Department of Internal Medicine,
Division of Digestive and Liver Diseases
UT Southwestern Medical Center

Kat (Brewer) Eustace, MPH RDN LD

CNSC
Clinical Instructor
Department of Clinical Nutrition
UT Southwestern Medical Center

David Fudman, M.D.

Assistant Professor
Department of Internal Medicine,
Division of Digestive and Liver Diseases
UT Southwestern Medical Center

Emina Huang, M.D.

*Doyle L. Sharp, M.D. Distinguished Chair
in Surgical Research*
Professor
Department of Surgery
UT Southwestern Medical Center

Josephine Ni, M.D.

Assistant Professor
Department of Internal Medicine,
Division of Digestive and Liver Diseases
UT Southwestern Medical Center

Neha Patel, M.D.

Assistant Professor
Department of Internal Medicine,
Division of Digestive and Liver Diseases
UT Southwestern Medical Center

Javier Salgado Pogacnik, M.D.

Section Chief of Colorectal Surgery
Associate Professor
Department of Surgery
UT Southwestern Medical Center

Shawn Shah, M.D.

Assistant Professor
Department of Internal Medicine,
Division of Digestive and Liver Diseases
UT Southwestern Medical Center

Anna Tavakkoli, M.D., M.Sc.

Dedman Family Scholar in Clinical Care
Assistant Professor
Department of Internal Medicine,
Division of Digestive and Liver Diseases
UT Southwestern Medical Center

Thomas Tielleman, M.D.

Assistant Professor
Department of Internal Medicine,
Division of Digestive and Liver Diseases
UT Southwestern Medical Center

Peer Reviewer

Benjamin Elsbernd, M.D.

Assistant Professor
Department of Internal Medicine,
Division of Digestive and Liver Diseases
UT Southwestern Medical Center

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Disclosure of Financial Relationships

As an organization accredited by the Accreditation Council for Continuing Medical Education (ACCME), The University of Texas Southwestern Medical Center, Office of Continuing Medical Education (UTSW CME) requires that the content of CME activities and related materials provide balance, independence, objectivity, and scientific rigor. Planning must be free of the influence or control of any ineligible company, and promote improvements or quality in healthcare. In accordance with ACCME's Standards for Integrity and Independence in Accredited Continuing Education, all persons in the position to control the content of an education activity are required to disclose all financial relationships in any amount occurring within the past 24 months with any ineligible company producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on patients. UT Southwestern also considers ineligible those companies producing, marketing, selling, re-selling, or distributing healthcare products in development for future use on patients, such as healthcare product research companies. All reported financial relationships with ineligible companies are reviewed for relevancy and then mitigated through a content review process prior to the activity (where applicable).

The following is a listing of all individuals that contributed to the educational content of this activity and any reported financial relationships within the last 24 months:

NAME	ROLE	RELATIONSHIP	COMPANY
David Fudman, M.D.	Course Director Moderator Speaker	Professional Services	Pfizer Sanguine Labs Fresenius Kabi
Darren Brenner, M.D.	Speaker	Professional Services	Anji Pharma Ardelyx Abbvie Bayer Alynlam Gemelli Laborie Ironwood Pharma Salix Pharma Takeda Vibrant Redhill Mahana Owlstone
Moheb Boktor, M.D.	Speaker	Travel	AbbVie
Ngozi Enwerem, M.D.	Speaker	Independent Contractor	CapsoVision

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Acknowledgments

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Exhibitors

The University of Texas Southwestern Medical Center gratefully acknowledges the exhibitors from the following companies in support of this CME activity:

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Agenda

TIME	TOPIC	SPEAKER
7:00 a.m.	Registration and Breakfast	
8:00 a.m.	Welcome	Dr. Dunbar, Dr. Fudman, Dr. Patel
8:10 a.m.	Session 1: Inflammatory Bowel Disease Positioning Advanced Therapies for IBD in 2023 Vaccines in the Patient with IBD: COVID and Beyond Q&A Complicated Case Discussions	Moderator: David Fudman, M.D. David Fudman, M.D. Moheb Boktor, M.D. Moheb Boktor, M.D., Josephine Ni, M.D., Javier Salgado Pogacnik, M.D., David Fudman, M.D.
9:40 a.m.	Break	
9:55 a.m.	Session 2: Upper GI Conditions When PPIs Don't Work: What's Next for Heartburn? Beat the Bloat and Belch Managing the Patient with Functional Dyspepsia Food as Medicine: Dietary Advances in GI Q&A	Moderator: Neha Patel, M.D. Kerry Dunbar, M.D., Ph.D. Benjamin Elsbernd, M.D. Neha Patel, M.D. Kathleen Eustace, MPH RDN LD CNSC
11:15 a.m.	Break	
11:30 a.m.	Session 3: Colorectal Cancer Epidemiology in Early CRC Changing Guidelines in CRC Screening and Polyp Surveillance Q&A	Moderator: Kerry Dunbar, M.D., Ph.D. Emina Huang, M.D. Ngozi Enwerem, M.D.
12:25 p.m.	Lunch	
1:25 p.m.	Session 4: Keynote Presentation Struck By Cupid's Arrow: Simplification of Diagnostics and Therapeutics to Make You Fall in Love with Treating IBS Q&A	Moderator: Neha Patel, M.D. Darren M. Brenner, M.D. <i>Northwestern Medicine</i>
2:25 p.m.	Break	
2:40 p.m.	Session 5: Therapeutic Endoscopy Techniques for Polypectomy of Advanced Lesions: Endoscopic Mucosal Resection vs Endoscopic Submucosal Dissection Endobariatrics: Complications of Bariatric Surgery Q&A Conclusions	Moderator: David Fudman, M.D. Thomas Tiellement, M.D., Shawn Shah, M.D. Anna Tavakkoli, M.D., M.Sc. Dr. Dunbar, Dr. Fudman, Dr. Patel