

# Update in Internal Medicine 2023

Saturday, April 22, 2023

Register online at: [cme.utsouthwestern.edu/rp2304c](https://cme.utsouthwestern.edu/rp2304c)

## PURPOSE AND CONTENT

Internal medicine is expanding at a fast pace as new therapies are developed and new guidelines are recommended across a spectrum of diseases. Busy physicians are faced with the growing challenge of keeping abreast of these changes. The annual *Update in Internal Medicine* conference offers state-of-the-art, practical advice on common conditions and exciting new developments in areas including cardiovascular and diabetes management, radiation and medical oncology, lifestyle medicine and weight wellness, and many others. The conference is presented in a hybrid learning approach: a one-day live and synchronous online presentation as well as prerecorded on-demand presentations. All content will be available for up to one year, totaling 17.5 hours CME credit and the opportunity to apply for MOC credit per ABIM requirements.

## EDUCATIONAL OBJECTIVES

Upon completion of this activity, participants should be able to:

- Understand the appropriate indications for use of PPI in primary care and when these medications can be stopped safely
- List appropriate indications for thrombophilia testing in patients with a first episode of venous thromboembolism
- Apply an evidence-based approach in the use of SGLT-2 and GLP-1 therapies in patients with cardiovascular or renal risk factors or disease
- Develop a practical approach to take an antibiotic allergy history and remove unnecessary penicillin allergy labels
- Understand the drivers of vaccine hesitancy and practical strategies to address concerns raised over vaccines
- Describe roles of abdominal imaging and genetic testing for screening and diagnosis of autosomal dominant polycystic kidney disease (ADPKD)

- Develop a systematic approach to the initial diagnostic workup for suspected interstitial lung disease
- List indications for imaging and referral to a specialist for common MSK complaints
- Explain the roles of lifestyle management and pharmacologic therapy in patient weight management in primary care

## TARGET AUDIENCE

This CME conference is designed for primary care providers, nurse practitioners, physician assistants, and specialists in internal medicine and family practice seeking updates in practical knowledge relating to patient care.

## SPONSORED BY

This CME conference is sponsored by the UT Southwestern Department of Internal Medicine and the Office of Continuing Education.

## ACCREDITATION AND DESIGNATION STATEMENT

The University of Texas Southwestern Medical Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Texas Southwestern Medical Center designates this live educational activity for a maximum of 17.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Texas Southwestern Medical Center certifies that non-physicians will receive an attendance certificate stating that they participated in the activity that was designated for 17.5 AMA PRA Category 1 Credits™.

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## LIVE SESSION – SATURDAY, APRIL 22, 2023

TIME	TOPIC	SPEAKER
7:45 a.m. 8 a.m.	Welcome	James “Brad” Cutrell, M.D., and Vlad Zaha, M.D., Ph.D.
8 a.m. 9:30 a.m.	<b>From Guidelines to General Practice – SGLT2i and GLP-1RA for Cardiovascular and Kidney Disease</b>	Sandeep Das, M.D., M.P.H., Tamim Hamdi, M.D., Nicholas Hendren, M.D., and Ildiko Lingvay, M.D., Ph.D.
9:30 a.m. 9:45 a.m.	Q&A/Break	
9:45 a.m. 10:15 a.m.	<b>PPI: Have We Gone Too Far?</b>	Kerry Dunbar, M.D., Ph.D.
10:15 a.m. 10:45 a.m.	<b>Bringing Advanced Cancer Care to the Community</b>	Suzanne Cole, M.D.
10:45 a.m. 11:15 a.m.	<b>An Approach to Interstitial Lung Disease</b>	Traci Adams, M.D.
11:15 a.m. 11:30 a.m.	Q&A	
11:30 a.m. Noon	Lunch Break/Exhibitors	
Noon 12:30 p.m.	<b>Environmental and Climate Equity: A Local Perspective</b>	Carolee Estelle, M.D.
12:30 p.m. 1 p.m.	<b>Lifestyle Medicine</b>	Bethany Agusala, M.D.
1 p.m. 1:15 p.m.	Q&A/Break	
1:15 p.m. 1:45 p.m.	<b>Radiation Oncology for the Internist</b>	David Sher, M.D.
1:45 p.m. 2:15 p.m.	<b>MSK Pain: Diagnosis and Management</b>	Luigi Bernabela, M.D.
2:15 p.m. 2:45 p.m.	<b>Cardio-Oncology: Life Lessons After Cancer</b>	Vlad Zaha, M.D., Ph.D.
2:45 p.m. 3 p.m.	Q&A and Wrap-Up	James “Brad” Cutrell, M.D., and Vlad Zaha, M.D., Ph.D.

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## PRERECORDED SESSIONS – AVAILABLE ON DEMAND

### TOPIC (30-Minute Presentations)

### SPEAKER

#### Cardiology

Exercise and CVD Health

Point-of-Care Ultrasound and the Physical Exam of the Future

Updates on Interventions for Structural Heart Disease

Ben Levine, M.D.

Katy Lonergan, M.D.

Tony Bavry, M.D., M.P.H.

#### Digestive and Liver Diseases

Alcoholic Liver Disease

Diverticulitis

Eosinophilic Esophagitis

Mack Mitchell, M.D.

Ariel Aday, M.D.

Ben Elsbernd, M.D.

#### Endocrinology

Endocrine Complications of Immunomodulators

Weight Wellness for the PCP

Sadia Ali, M.D., M.B.A.

Jaime Almandoz, M.D.

#### Hematology and Oncology

Myelodysplastic Syndrome and AML

Sickle Cell Disease

Updates on VTE Management

Yazan Madanat, M.D.

Alecia Nero, M.D., M.S.C.S.

Sandra Hofmann, M.D., Ph.D.

#### Infectious Diseases and General Internal Medicine

Addressing Vaccine Hesitancy (1-HOUR ETHICS PRESENTATION)

Adult Vaccine Updates

COVID-19 and Secondary Infections

Penicillin Drug Allergy

STI Management for the Internist

Tara DuVal, M.D.

Minji Kang, M.D.

Madhuri Sopirala, M.D., Ph.D.

David Khan, M.D.

Judah Gruen, M.D.

#### Nephrology

Polycystic Kidney Disease

Updates on Acute Kidney Injury

Ronak Lakhia, M.D.

Meredith McAdams, M.D.

#### Pulmonary and Critical Care Medicine

Cardiopulmonary Effects of Premature Birth

What to Know About Vaping

Kara Goss, M.D.

Jason Clark, M.D.

#### Rheumatology

Updates on Lupus for the Internist

Kathryn Dao, M.D.