

Update in Internal Medicine

May 3, 2025



UT Southwestern
Medical Center

PURPOSE AND CONTENT

The knowledge and treatment of various disease states in internal medicine is expanding at a fast pace. Every year, new therapies are being developed, and new standards of care are employed across the spectrum of internal medicine. The busy primary care physician and internist, since they treat patients with varied diseases and comorbidities, are faced with the growing challenge of keeping abreast of the latest advances. The annual Update in Internal Medicine CME Conference seeks to assist clinicians in meeting this challenge.

Our 2025 conference will feature didactic lectures, panel discussion, and interactive Q&A sessions, presented as a hybrid learning approach, offering the combination of a one-day live in-person presentation and pre-recorded on-demand presentations. The overall goal is to provide primary care physicians and internists with state-of-the-art practical advice on issues identified as frequent items for consultation and second opinions, as well as new advances in applying new scientific techniques and technologies in translational medicine.

TARGET AUDIENCE

This CME conference is designed for primary care providers, nurse practitioners, physician assistants, and specialists in internal medicine and family practice seeking updates in practical knowledge relating to patient care.

ACCREDITATION AND DESIGNATION STATEMENT

The University of Texas Southwestern Medical Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Texas Southwestern Medical Center designates this live educational activity for a maximum of 15.5 *AMA PRA Category 1 Credit™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The University of Texas Southwestern Medical Center certifies that non-physicians will receive an attendance certificate stating that they participated in the activity that was designated for 15.5 *AMA PRA Category 1 Credit™*.

EDUCATIONAL OBJECTIVES

Upon completion of this activity, participants should be able to:

- Identify the role of cardiac CT angiography in the evaluation and diagnosis of patients presenting with chest pain.
- Develop an evidence-based approach to diagnosing and managing common mental health conditions in the primary care setting
- Implement an evidence-based and collaborative approach to the diagnosis and treatment of musculoskeletal infections, including diabetes-related foot infections, by coordinating care with podiatrists, infectious disease specialists, and endocrinologists
- Describe the expanding indications for GLP-1 agonist medications in the management of metabolic conditions.
- Develop a systematic approach to the diagnosis and management of hypercalcemia and hypocalcemia to improve clinical outcomes.
- Identify the indications for non-invasive and invasive ventilation strategies in the management of chronic respiratory failure.
- Evaluate and interpret serologic and viral test results to accurately diagnose the causes of acute and chronic hepatitis.
- Identify specific examples of low-value tests and treatments in internal medicine that can be de-implemented based on current evidence and best practices.
- Develop a structured approach for the appropriate use of medical therapies and referral criteria for catheter ablation in the management of atrial fibrillation.
- Identify the appropriate indications for low-dose CT lung cancer screening in high-risk patients and understand the clinical criteria for patient selection.

SPONSORED BY

This CME activity is sponsored by the UT Southwestern Department of Internal Medicine and the Office of Continuing Education.

EXHIBITOR ACKNOWLEDGEMENT

UT Southwestern Medical Center gratefully acknowledges support from the following companies exhibiting at this CME activity:

Alexion Pharmaceuticals

Insmmed Incorporated

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LIVE SESSIONS – SATURDAY, MAY 3, 2025

Time	Topic	Speaker (s)
7:00-7:45 AM	Registration, Breakfast, Exhibits	
7:45-8:00 AM	Welcome and Announcements	Dr. James (Brad) Cutrell, Dr. Vlad Zaha
8:00-8:30 AM	Role of Cardiac CT Angiography	Dr. Gloria Ayuba
8:30-9:00 AM	Bariatric Endoscopy	Dr. Anna Tavakkoli
9:00-9:30 AM	Lung Cancer Screening	Dr. Paul Lederer
9:30-9:45 AM	Q&A/Break	
9:45-10:15 AM	Hypo- and Hypercalcemia	Dr. Orson Moe
10:15-10:45 AM	Iron Deficiency	Dr. Natalie Bavli
10:45-11:15 AM	Psychiatry for the General Internist* <i>*Live Stream Presentation</i>	Dr. Emily Kahl (May)
11:15-12:00 PM	Lunch and Exhibits	
12:00-1:30 PM	Updates on GLP1-RA Therapy: A Multidisciplinary Perspective	Dr. Sandeep Das Dr. Suzanne Conzen Dr. Tonia Vinton Dr. Miguel Vazquez
1:30-1:45 PM	Q&A/Break	
1:45-2:15 PM	MSK Infections and Staph Aureus	Dr. Alex Tatara
2:15-2:45 PM	Rheumatologic Complications of Immune Checkpoint Inhibitors	Dr. Luigino Bernabela
2:45-3:00 PM	Q&A and Wrap-Up	Dr. James (Brad) Cutrell, Dr. Vlad Zaha

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PRE RECORDED SESSIONS – AVAILABLE ON DEMAND

On Demand Topics (30 minute Presentations)	Speaker
Chronic Respiratory Failure	Dr. Bethany Lussier
Non-CF Bronchiectasis	Dr. Leah Cohen
Onconeurology	Dr. Taylor Schaub Schlager
Advances in Glomerulonephritis Management	Dr. Ramesh Saxena
Expanding Access to Kidney Transplantation	Dr. David Wojciechowski
Update on COPD Management	Dr. Carlos Cardenas
Updates in Prostate Cancer	Dr. Kevin Courtney
Updates in GI Cancers	Dr. Timothy Brown
Updates in Viral Hepatitis	Dr. Thomas Kerr
Update in Celiac Disease	Dr. Xiao-Fei Kong
Colon Cancer Prevention in High Risk Populations	Dr. Luke Engelking
Doc, I think it is my thyroid?	Dr. Alex Tessnow
Disorders of Phosphorus	Dr. Christoph Zechner
Inflammatory Cardiomyopathies and Cardiac Sarcoidosis	Dr. Elizabeth Hardin
Electrophysiology of Atrial Fibrillation	Dr. Nimesh Patel
Heart Health in Multicultural Populations	Dr. Anand Rohatgi
Upper Respiratory Infections	Dr. Joslyn Strebe
Updates in HIV	Dr. Siddharth Kogilwaimath
Cutaneous Manifestations of Rheumatic Diseases	Dr. Joseph Merola
Reducing Low Value Care in GIM	Dr. Arthur Hong
Breast Cancer Screening	Dr. Poorni Manohar

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DISCLOSURE OF FINANCIAL RELATIONSHIPS

As an organization accredited by the Accreditation Council for Continuing Medical Education (ACCME), The University of Texas Southwestern Medical Center, Office of Continuing Medical Education (UTSW CME) requires that the content of CME activities and related materials provide balance, independence, objectivity, and scientific rigor. Planning must be free of the influence or control of any ineligible company, and promote improvements or quality in healthcare. In accordance with ACCME's Standards for Integrity and Independence in Accredited Continuing Education, all persons in the position to control the content of an education activity are required to disclose all financial relationships in any amount occurring within the past 24 months with any ineligible company producing, marketing, selling, re-selling, or distributing health care goods or services consumed by, or used on patients. UT Southwestern also considers those companies producing, marketing, selling, reselling, or distributing healthcare products in development for future use on patients, such as healthcare product research companies. All reported financial relationships with ineligible companies are reviewed for relevancy and then mitigated through a content review process prior to the activity (where applicable).

Name	Role	Financial Relationships Disclosed
Suzanne Conzen, MD	Speaker	Patent: Corcept Therapeutics
Kevin Courtney, MD, PhD	Speaker	Patent: Athena Diagnostics
		Independent Contractors: Novartis
Thomas Kerr, MD, Ph.D	Speaker	Independent Contractors: Alexion, UpToDate
		Grant or Contract: Alexion
Bethany Lussier, MD	Speaker	Professional Services: Biogen
Joseph Merola, MD	Speaker	Professional Services: Amgen, Abbvie, Boehringer Ingelheim, Bristol-Myers Squibb, Eli Lilly, Moonlake, Novartis, Janssen, UCB, Pfizer, Sanofi-Regeneron
Orson Moe, MD	Speaker	Professional Services: Allena Pharmaceutical, Alnylum, Applied Therapeutics, Dicerna, Janssen, Tricida
Anad Rohatgi, MD	Speaker	Financial Support: CSL, Quest, Raydel, Johnson and Johnson, JP Morgan
Alex Tessnow, MD, MBA	Speaker	Independent contractor: Abbvie, Horizon Pharmaceuticals
Miguel Vasquez, MD	Speaker	Grant or Contract: National Institutes of Health (NIDDK and NIA)
Tonia Vinton, MD	Speaker	Grant or Contract: Eli Lilly
David Wojciechowski, MD	Speaker	Grant Or Contract: Memo Therapeutics, CareDx, Natera, Elodon
		Professional Services: Memo Therapeutics, eGenesis

The following persons reported have no financial relationships within the past 24 months:

Course Directors: James (Brad) Cutrell, MD; Vlad Zaha, MD, PhD

Speakers: Arthur Hong, MD, MPH; Timothy Brown, MD; Joslyn Strebe, MD; Nimesh Patel, MD; Elizabeth Hardin, MD; Christopher Zechner, MD, PhD; Luke Engelking, MD, PhD;

Xiao-Fei Kong, MD, PhD; Ramesh Saxena, MD; Taylor Schaubsluger, DO; Leah Cohen, MD; Luigino Bernabela, MD; Alexander Tatara, MD, PhD; Miguel Vazquez, MD;

Sandeep Das, MD, MPH; Emily Kahl, MD; Natalie Bavli, MD; Paul Lederer, MD; Anna Tavakkoli, MD; Gloria Ayuba, DO; Pooni Mahonar, MD

Planners: Luis Esquivel, Ditiya Ibarra, Jon Garinn, Viviane Palacios, Briana Ryans, Mark Vinciguerra

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HOW TO ACCESS CONFERENCE RESOURCES

FOR IN-PERSON ATTENDEES:

Go to the conference website: <https://cme.utsouthwestern.edu/RP2505A>

CME HANDOUT - Click on "PROGRAM" tab

PRESENTATION SLIDES - Click on the "PROGRAM" tab, then click on presentation title to view slides

FOR VIRTUAL ATTENDEES:

Go to the conference website: <https://cme.utsouthwestern.edu/RP2505A>

CME HANDOUT - Click on "PROGRAM" tab

PRESENTATION SLIDES - Click on the "PROGRAM" tab, then click on presentation title to view slides

FOR ADDITIONAL CONTENT (ON-DEMAND VIDEO PRESENTATIONS) - All attendees will receive an email from the CME Office with instructions to access these pre-recorded presentations.

REQUIREMENTS FOR OBTAINING CREDITS (CME, ATTENDANCE, ABIM-MOC)

1. Attend today's live session.
2. View additional educational content
(on-demand pre-recorded video presentations).
3. Successfully pass the Post-Test/Quiz.
4. Complete the Course Evaluation.
5. Provide required participant information (for MOC)

Content will be available until December 1, 2025 for obtaining ABIM-MOC credit;
and through March 2026 for obtaining CME credit.

AMERICAN BOARD OF INTERNAL MEDICINE - MAINTENANCE OF CERTIFICATION

Successful completion of this CME activity enables the participant to earn up to 15.5 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification program. Participants will earn MOC claimed for this activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC points.



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