

UPDATE IN INTERNAL MEDICINE 2026

UT SOUTHWESTERN MEDICAL CENTER – DALLAS, TEXAS

LIVE SESSION – SATURDAY, MAY 2, 2026

TIME	TOPIC	SPEAKER(S)
7:45-8:00 AM	Welcome	Dr. James “Brad” Cutrell and Dr. Vlad Zaha
8:00-8:30 AM	Hypertrophic Cardiomyopathy	Dr. Natalie Tapaskar
8:30-9:00 AM	Clinical Approach to ILD	Dr. Margaret (Megan) Kypreos
9:00-9:30 AM	Outpatient Dermatology for the Internist	Dr. Kaveh Nezafati
9:30-9:45 AM	Q&A/Break	
9:45-10:15 AM	Updates on Nephrolithiasis	Dr. Naim Maalouf
10:15-10:45 AM	Complications of Immunotherapy	Dr. Mitchell von Itzstein
10:45-11:15 AM	Navigating Glomerulonephritis for the Internist	Dr. Stephanie Torres
11:15-12:00 PM	Lunch Break/Exhibitors	
12:00-1:30 PM	Holistic Care to Support Aging Well: A Multidisciplinary Perspective	Dr. Jessica Voit Dr. Amil Shah Dr. Rebecca Eary Dr. Luigino Bernabela
1:30-1:45 PM	Q&A/Break	
1:45-2:15 PM	Updates in HIV and STI Prevention	Dr. Hayden Andrews
2:15-2:45 PM	Updates in Sleep Medicine	Dr. Katie Tran
2:45-3:00 PM	Q&A and Wrap-Up	Dr. Cutrell and Dr. Zaha

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PRE-RECORDED PRESENTATIONS (30 Minutes Each; Available On Demand)

SPEAKER

Cardiology

Bridging Disciplines: Cardio-Rheumatology and Cardio-Dermatology	Dr. Brittany Weber
Calcium Score and Cardiovascular Prevention	Dr. Parag Joshi
New Hypertension Guidelines 2025	Dr. Wanpen Vongpatanasin
Updates in Electrophysiology Therapies	Dr. Anna Rosenblatt

Digestive and Liver Diseases

2026 Update on MASLD	Dr. Lisa VanWagner
Approach to Dysphagia	Dr. Sravanya Gavini
Constipation: Diagnosis and Management	Dr. Amisha Ahuja
Non-invasive assessment of liver fibrosis and portal HTN	Dr. Indira Bhavsar-Burke

Endocrinology

Diabetes Updates for the Internist	Dr. Emily Zhang
Diagnostic Caveats for Low Testosterone in Men	Dr. Kyaw Soe

Hematology/Oncology

Bone Marrow Failure Syndromes	Dr. Taha Bat
Colon Cancer in Younger Adults	Dr. Syed Kazmi
Triple Negative Breast Cancer	Dr. Heather MacArthur
Updates in Pancreatic Cancer	Dr. Hussna Abunafeesa

Infectious Diseases and Geographic Medicine

Infection Prevention Strategies to Prevent HAIs	Dr. Hanine El Haddad
What's New in Sepsis and Bacteremia Rx	Dr. James Colbert

Nephrology

Cardio-Renal-Metabolic Medicine: Overcoming Practical Barriers	Dr. Bethany Roehm
Metabolic Acidosis	Dr. Jiten Patel
Pregnancy, Women's Health and Kidney Disease	Dr. Cassidy Onukwuli

Pulmonology

Updates in Sarcoidosis	Dr. Connie Hsia
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Rheumatology

Sjogren's Disease	Dr. Negan Ezzati
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Vascular Medicine

Post-PE Care	Dr. Rafael Cires-Drouet
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