

UT Southwestern Department of Psychiatry presents

Psychiatry Update Series: Improving Patient Care with New Treatment Paradigms



The 5-Minute Intervention: Integrating Substance Use Disorder Treatment into Everyday Practice

Register at <https://cme.utsouthwestern.edu/rp1808a-102117>

OCTOBER 21, 2017
8 AM TO 12:30 PM

Join fellow providers at a workshop to increase your ability to rapidly identify, treat, and refer within a fast-paced treatment environment, in line with ethical guidelines and expectations.

**See Page 4 for Continuing
Education credit information**

Topics include:

- Understanding modern addiction
- Assessing addiction in fast-paced medical environments
- Making quality referrals to ensure continuity of care
- The role of Motivational Interviewing
- Ethical treatment amidst the opioid epidemic
- Managing SUDs within a hospital setting



Event Location

UT Southwestern Medical Center
T. Boone Pickens Biomedical
Building Auditorium (NG3.112)
6001 Forest Park Road
Dallas, TX 75235

Ph 214.648.3138
cmeregistrations@utsouthwestern.edu

UTSouthwestern

Peter O'Donnell Jr.
Brain Institute

Registration Information

*UT Southwestern & Parkland Employees, Residents, & Trainees Complimentary**

External Attendees (includes CME/CNE Credit): \$25

*All participants must register to attend

AGENDA

- 7:30-8:00 *Registration & Coffee/Continental Breakfast*
- 8:00-8:15 Why SUD Treatment is an Ethical Imperative
- 8:15-8:45 “Addiction”: What I Misunderstood for Years
- 8:45-9:15 Ethical Practice Amidst the Opioid Epidemic
- 9:15-9:30 *Break*
- 9:30-10:00 Rapid Assessment of Substance Use Disorders
- 10:00-10:30 Why Motivational Interviewing Works
- 10:30-11:00 Ethical Use of Opioid Treatment
- 11:00-11:15 *Break*
- 11:15-11:45 Tapering Benzos & Opioids using Best Practice
- 11:45-12:15 Ongoing Treatment Options & How to Make Referrals
- 12:15-12:30 Taking Home the Message: Practical Applications



Course Co-Directors



Adam Brenner, MD - Professor and Distinguished Teaching Professor at UT Southwestern, and Director of Residency Training and Vice Chair for Education in the Department of Psychiatry

Laura Howe-Martin, PhD - Associate Professor at UT Southwestern Medical Center, and Associate Director of Continuing Education in the Department of Psychiatry

SPEAKERS

Mona Downs, PharmD Dr. Downs is a Board Certified Psychiatric Pharmacist with over 5 years of experience, currently practicing at Parkland Hospital as a Psychiatric Clinical Pharmacy Specialist. She completed 2 years of residency training specializing in Psychiatric pharmacotherapy after receiving her Doctorate of Pharmacy degree in 2010, and has been involved in numerous quality improvement projects, research projects, and student/staff/resident education. Dr. Downs is passionate about patient education, optimal treatment of agitation, and substance abuse treatment.

Neelima Kale, PhD, MD, MBA Dr. Kale currently serves as the Medical Director of the Parkland family Medicine Residency Clinic. She participates actively in medical student and resident teaching. She has experience in private practice and academic family medicine as well as pharmaceutical and regulatory affairs consulting. She completed her graduate and medical education from the University of Oklahoma in Oklahoma city, OK and her MBA from the Case Weatherhead School of Management in Cleveland, OH.

Steven Krebaum, PhD Dr. Krebaum is a Professor of Psychiatry and Psychology at the University of Texas Southwestern Medical Center. He is a clinical psychologist who is a certified cognitive therapist and certified trainer/consultant in CBT, and is a founding fellow of the Academy of Cognitive Therapy. He serves in a behavioral medicine role at Parkland Health & Hospital System and supervises interns and residents as consultants to the medical teams at the hospital, providing bedside treatment to the medically ill.

Kurt Kleinschmidt, MD Dr. Kleinschmidt is a Professor of Emergency Medicine at the University of Texas Southwestern Medical Center in Dallas, Texas. He is the Division Chief and Program Director for Medical Toxicology. He also works with Parkland Health and Hospital System Maternal Fetal Medicine in optimizing the care of pregnant women who have substance use disorders. His areas of interest include drugs of abuse and addiction and withdrawal issues. He graduated from the University of South Florida College of Medicine in 1986, completed his Emergency Medicine residency at Madigan Army Medical Center in 1990, and finished a clinical fellowship in Toxicology at the University of Texas Southwestern Medical Center in 1999. He is board certified in Emergency Medicine, Medical Toxicology, and Addiction Medicine.

Lee Spencer, MD Dr. Lee Spencer is an addiction psychiatrist at UT Southwestern Medical Center. Originally from Mississippi, he went medical school at Tulane University in New Orleans, LA, and completed his medical internship and psychiatric residency at Johns Hopkins, where he went on to serve as chief resident. In 2014, he completed a fellowship in addiction psychiatry at UTSW. He has a beautiful wife, 2 lovely daughters, and a standard poodle at home. Were it not for them, none of his current interests or pursuits would be possible.

Zubair Syed, MD Dr. Syed graduated from Al-Ameen Medical College, Bijapur, India. He completed his Residency at the Mid-Hudson Family Medicine Residency Program in Kingston, New York in 2005. He then joined the program as faculty and became the Associate Program Director in 2007, and the Interim Program Director in July 2012. He also has completed a fellowship at the National Institute for Program Directors Development in 2010. Dr. Syed joined UT Southwestern in January 2013. His interests include resident education and teaching, curriculum and faculty development. He likes to travel, hike, do photography and read.

Sidarth Wakhlu, MD Dr Sidarth Wakhlu is a board certified in Addiction and General Adult Psychiatry. He is the Associate Director of the Addiction Division within the UT Southwestern Department of Psychiatry and is also the Addiction Psychiatry Fellowship Director. His areas of interest are Opioid and Nicotine Addiction. He is active in medical student, resident and fellow teaching. He has been the recipient of several teaching awards including the prestigious "Excellence in Education" teaching award for medical student education.



Credit Designation



Accreditation

The University of Texas Southwestern Medical Center is accredited by the **Accreditation Council for Continuing Medical Education (ACCME)** to provide continuing medical education for physicians.

The University of Texas Southwestern Medical Center designates this live activity for a maximum of **4.0 AMA PRA Category 1 Credit(s)TM**. Physicians should only claim credit commensurate with the extent of their participation in the activity. **The University of Texas Southwestern Medical Center designates the presentation “Ethical Practice Amidst the Opioid Epidemic” for 1 hour in medical ethics and/or professional responsibility.**

UT Southwestern Medical Center can provide professional development per the Texas State Board of Examiners of Psychologists per TSBE rule 461.11. This activity is designated for 4.0 hours of professional development. *Please Note: Texas State Board of Examiners of Psychologists does not pre-approve professional development credit. It is therefore the responsibility of the licensee to submit their attendance certificate and associated materials to the Texas State Board of Examiners of Psychologists for consideration of credit toward licensure renewal as applicable.*

UT Southwestern Medical Center has automatic status as an approved provider of continuing education credits for social workers per the Texas State Board of Social Work Examiners rule 781.511 (c). This activity is designated for 4.0 hours of continuing education. *Please Note: Regarding entities that receive automatic status as approved providers under this section, the Texas State Board of Social Work Examiners will not provide documentation of board-approved status nor will the board include such entities in its roster of board-approved providers.*

UT Southwestern University Hospitals is an approved provider of continuing nursing education by the Texas Nurses Association – Approver, an accredited approver with distinction, by the American Nurses Credentialing Center’s Commission on Accreditation.

This activity provides 4.16 contact hours.

OBJECTIVES

- Describe current community and national concerns regarding the impact of substance use disorders
- Apply current methods for screening and identification of substance use disorders
- Recognize up-to-date treatment paradigms for substance use disorders.
- Identify at least one substance use disorder treatment resource.
- Apply ethical standards regarding treatment imperative, diversity, and competence in addressing substance use disorders.





Who Should Attend

This course is designed for **primary care, family medicine, and emergency medicine specialists, psychiatrists, psychologists, nurses, licensed social workers, residents, fellows, students, and other providers** interested in learning about rapid assessment and referrals for substance use disorders.

Purpose and Content

This course will increase participants' knowledge of the various ethical issues surrounding recommending various psychotherapies.

Conflict of Interest

All persons in the position to control the content of an education activity are required to disclose all relevant financial relationships in any amount occurring within the past 12 months with any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on patients along with that of their spouses or significant other. A primary mechanism to resolve identified conflicts of interest is a content review that is prior to the activity.

Discussion of Off-Label Use

This course is meant to educate practitioners with what is currently in use and what may be available in the future, so there may be "off-label" use discussed in the presentations. Speakers have been requested to inform the audience when off-label use is being discussed.

Cancellation Policy

The Office of Continuing Medical Education reserves the right to limit registration and cancel course, no less than one week prior to the course, should circumstances make this necessary.

Refund Policy

A \$25 handling fee will be deducted from cancellation refunds. Refund requests must be received by mail or fax **prior to 10/21/17**. No refunds will be made thereafter.

Additional Information

For additional information, please call The Office of Continuing Medical Education, 214-648-3138, 1-800-688-8678, or e-mail cmeregistrations@utsouthwestern.edu

Program Accessibility

We accommodate people with disabilities. Please call 214-648-3138 for more information, or mark the space indicated on the registration form. To ensure accommodation, please register as soon as possible.

The University of Texas Southwestern Medical Center is committed to providing programs and activities to all persons regardless of race, color, national origin, religion, sex, age, veteran status, or disability.

UT Southwestern is an equal opportunity institution.

