

Curriculum vitae

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Place of Birth: San Antonio, TX, USA

Education

Year	Degree (Honors)	Field of Study	Institution
2008	BS	Biological Sciences	University of Notre Dame, Notre Dame, IN
2010	MS	Biomedical Sciences	Barry University, Miami Shores, FL
2014	MD		Texas A&M Health Science Center College of Medicine, Bryan, TX

Postdoctoral Training

Year(s)	Titles	Specialty/Discipline	Institution
2014-2018	Resident Physician	Psychiatry	University of Texas Southwestern, Dallas, TX

Faculty Academic Appointments

Year(s)	Academic Title	Department	Academic Institution
2018-present	Instructor	Psychiatry	University of Texas Southwestern, Dallas, TX

Current Licensure and Certification

Licensure

Texas Medical Board- Full Medical License: R6196

Board and Other Certification

American Board of Psychiatry and Neurology- September 2018

Honors and Awards

Year	Name of Honor/Award	Awarding Organization
2013	First Place Award for Poster presentation: “Reaching out to the Community: TAMHSC Rural Health Elective” Authors: Monica Gonzalez, MS III , Ideen Zeinali, MSIII, Dr. Lisa Forrester, Dr. Maybelline Lezama, Dr. Ruth Bush, Dr. Catherine McNeal	Graduate Student Organization, Texas A&M HSC, Bryan, TX

Appointments at Hospitals/Affiliated Institutions

<u>Current</u>			
Year(s)	Position Title	Department/Division	Institution
2018-present	Inpatient Psychiatrist	Psychiatry	UT Southwestern/ Parkland Health and Hospital System, Dallas, TX

Major Administrative/Leadership Positions

Year(s)	Position Title	Institution
2013-2014	Class Historian, medical school-responsible for creating class yearbook	Texas A&M HSC-COM, Bryan, TX
2017-2018	Chief Resident	University of Texas Southwestern, Dallas, TX
2017-2018	Chair, Chief Residents Council	University of Texas Southwestern, Dallas, TX

Committee Service

Year(s)	Name of Committee	Institution/Organization
<u>UTSW Psychiatry</u>		
2016-2018	Diversity Task force, member	University of Texas Southwestern, Dallas, TX
March 2017-present	Residency Education Committee, Chief Resident member until 6/2018, now faculty member	University of Texas Southwestern, Dallas, TX
May 2017-present	Global Mental Health, founder and leader until 6/2018, now faculty member	University of Texas Southwestern, Dallas, TX

<ul style="list-style-type: none"> • Creating and organizing an abroad rotation in Guyana by collaborating with Georgetown Public Hospital Corporation (GPHC) Psychiatry Residency in Guyana and Vanderbilt/GPHC Emergency Medicine residency • Planning psychiatric lectures for GPHC psychiatry residents • Collaborating with UTSW researchers for projects that may be shared efforts between UTSW and GPHC 		
July 2017-present	Bad Outcomes Task force, founder and leader until 6/2018, now faculty member	University of Texas Southwestern, Dallas, TX
<ul style="list-style-type: none"> • Organized seminar and presentations for residents to prepare for and cope with adverse events, including patient suicide • Created SOP for residents following adverse events • Working on organizing formal conferences for the psychiatry department/lectures for residents 		
September 2017- present	Formal Mentorship Task Force, resident member until 6/2018; now faculty member	University of Texas Southwestern, Dallas, TX
<ul style="list-style-type: none"> • Created a formal mentorship program within UT Southwestern psychiatry residency 		
October 2017-January 2018	Recruitment Selection Committee, member	University of Texas Southwestern, Dallas, TX
January-May 2018	O'Donnell Brain Institute Educational Committee, member	University of Texas Southwestern, Dallas, TX
<u>UTSW Graduate Medical Education</u>		
September 2017-June 2018	Graduate Medical Education Committee, member <ul style="list-style-type: none"> • Wellness subcommittee, member Oct 2017- present • GME Task Force Trainee Involvement in Hospital Quality and Safety, member Nov 2017- present 	University of Texas Southwestern, Dallas, TX
<u>Parkland Health & Hospital System, Psychiatry Department</u>		
September 2018- present	Inter Disciplinary Treatment Plan (IDTP) Revision	Inpatient Psychiatry, Dept of Psychiatry, Parkland Health and Hospital System
September 2018-present	17 Inpatient Leadership	

Professional Societies

Dates	Society Name, member
2010-2014, 2017-present	Texas Medical Association, member
2017-present	Texas Society of Psychiatric Physicians, member
2017-present	American Psychiatric Association, member

Presentations

Year(s)	Title	Location
<u>Regional/Local</u>		
March 2016	Psychopharmacology conference: OCD and Bipolar Disorder- How commonly do these co-occur, and how do we approach treatment?	Dept. of Psychiatry, Dallas Veterans Affairs Medical Center, Dallas, TX
May 2016	Psychiatric Emergency Services Case Conference	Psychiatric Emergency Services, Parkland Memorial Hospital, Dallas, TX
April 2017	Quality Improvement project: Reduction of 0-1 Day Length of Stay at Zale Inpatient Psychiatry Unit 5 residents collaborated during PGY3 year along with Zale inpatient physicians and nursing administration	Parkland Outpatient Psychiatric Clinic, Parkland Memorial Hospital, Dallas, TX
April 2017	Special Seminar in Psychiatry Residency Didactics: Religion and Psychiatry collaborated with other residents and attending psychiatrists to create a 4-hour special seminar to discuss interplay of religion and psychiatric illness as well as approach to religion in a psychiatric context	Psychiatry Residency, University of Texas Southwestern, Dallas, TX
September 2017	Depression and Suicide in College Students + Introduction to Treatment and Mental Health Clinic	Paul Quinn College with Psychiatry Residency, University of Texas Southwestern, Dallas, TX
November 2017	Myths and Facts About Alcohol Use	Paul Quinn College with Psychiatry Residency, University of Texas Southwestern, Dallas, TX
December 2017	Special Seminar in Psychiatry Residency Didactics: Discussing Adverse Events Seminar provided education on preparing psychiatric residents for adverse events, specifically loss of a patient to suicide. I presented on epidemiology of suicide and resident experience of loss of a patient to suicide.	Psychiatry Residency, University of Texas Southwestern, Dallas, TX
February 2018	Depression and Suicide in College Students	Paul Quinn College with Psychiatry Residency, University of Texas Southwestern, Dallas, TX
March 2018	Parkland Consult Liaison Case Conference: Catatonia	Psychiatry Residency, University of Texas Southwestern, Dallas, TX

November 2018	Psychoeducation: Tough Conversations with Patients and Families	Psychiatry Residency, University of Texas Southwestern, Dallas, TX
November 2018	M&M conference faculty facilitator	Psychiatry Residency, University of Texas Southwestern, Dallas, TX
February 2019	Personal and Mental Health	Hispanic Women's Network of Texas, Dallas, TX
<u>Globally</u>		
May 2018	Introduction to Psychiatric Interviewing	Psychiatry Dept, Institute for Health Science Education, Georgetown Public Hospital Corporation, Georgetown, Guyana
May 2018	Catatonia	Psychiatry Dept, Institute for Health Science Education, Georgetown Public Hospital Corporation, Georgetown, Guyana
May 2018	Substance Use in the Emergency Room	Psychiatry Dept, Institute for Health Science Education, Georgetown Public Hospital Corporation, Georgetown, Guyana
May 2018	Grief and Adult Trauma	Psychiatry Dept, Institute for Health Science Education, Georgetown Public Hospital Corporation, Georgetown, Guyana
May 2018	Psychological Defenses	Psychiatry Dept, Institute for Health Science Education, Georgetown Public Hospital Corporation, Georgetown, Guyana
May 2018	Personality Disorders	Psychiatry Dept, Institute for Health Science Education, Georgetown Public Hospital Corporation, Georgetown, Guyana
May 2018	Mental Health for the General Practitioner	Mabaruma Regional Hospital, Mabaruma, Guyana

Service to the Community

Year(s)	Role	Organization or institution
September 2010	Student doctor at Teddy Bear Clinic- Gave children a teddy bear and interacted with them and the bear in a non-threatening way, showing vital signs techniques to ease their possible discomfort with physicians	Texas A&M HSC-COM, Temple, TX

May 2011	Student doctor with international summer service program- Spent 6 weeks in a rural town in the Dominican Republic working in the local clinic/hospital	Texas A&M HSC-COM, Temple, TX
August 2010, August 2012	Student doctor with Student Community Health Initiative Health Fest- immunizations for underinsured and uninsured children and free health screenings for all ages, including glucose and cholesterol screenings, blood pressure and body mass index checks	Texas A&M HSC-COM, Temple, TX
May 2013	Student doctor providing free skin screenings through dermatology clinic	Dermatology Clinic, Scott&White with Texas A&M HSC-COM, Temple, TX
Fall 2011, Spring 2013- Spring 2014	Student doctor at free clinic- Martha's Clinic is a free clinic serving indigent population	Martha's Clinic, Texas A&M HSC-COM, Temple, TX
January 2013- May 2014	Student doctor at weekly mood disorders group therapy, intermittent attendance	Scott&White with Texas A&M HSC-COM, Temple, TX
January 2015- July 2016, Summer 2017	Resident physician completing student screening for psychiatric illness	Paul Quinn College with Psychiatry Residency, University of Texas Southwestern, Dallas, TX
January 2017	Resident physician- advocacy during legislative session at Texas Capitol for Mental Health Day	Psychiatry Residency, University of Texas Southwestern, Dallas, TX
January 2017, January 2018	Dallas Homeless Count (annually in January)	Metro Dallas Homeless Alliance, Dallas, TX
May 2018	Resident Physician presenting about Mental Health Awareness	Mental Health Awareness during Employee Appreciation Week, Marriott, Georgetown, Guyana
October 2018	UTSW faculty psychiatrist available for panel and small group discussion at college Mental Illness Awareness Town Hall Meeting	Paul Quinn College with University of Texas Southwestern, Dallas, TX

Bibliography

Peer-Reviewed Publications

Original Research Articles

1.	Zeinali I, Gonzalez M , Bush RL, Hochhalter AK, McNeal C. A model for rural health education for first year medical students: understanding barriers to care. Education for primary care: an official publication of the Association of Course Organisers, National Association of GP Tutors, World Organisation of Family Doctors. 2015; 26 (3) : 176-81.
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Non-peer reviewed scientific or medical publications/materials in print or other media

1.	Poster presentation at TAMHSC-COM Graduate Student Organization Symposium 2013 “Reaching out to the Community: TAMHSC Rural Health Elective” First Place Award Authors: Monica Gonzalez, MS III, Ideen Zeinali, MS III, Dr. Lisa Forrester, Dr. Maybelline Lezama, Dr. Ruth Bush, Dr. Catherine McNeal
2.	Poster presentation at North American Primary Care Research Group Annual Meeting November 2018 “Understanding the Culture that Contributes to Resident and Fellow Burnout: Preliminary Report on an Institution-Wide Survey” Authors: Victoria Udezi, MD; Monica Gonzalez, MD, Shannon A. Scielzo, PhD, Nora Gimpel ,MD
3.	Poster presentation at UT Southwestern Celebration of Women in Science & Medicine February 2019 “Understanding the Culture that Contributes to Resident and Fellow Burnout: Preliminary Report on an Institution-Wide Survey” Authors: Victoria Udezi, MD; Monica Gonzalez, MD, Shannon A. Scielzo, PhD, Nora Gimpel ,MD